

WHEN BRAS CAN'T COPE!

+ 2011's coolest new cars!



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21-27 Jan 2011 • www.nutsmag.co.uk

Nuts

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!



When Twitter goes wrong!

Nuts meets an Army sniper!

Plus!
Dirk Kuyt!
Dara O'Briain!



Nuts NEWS

ON THIN ICE, EVERY WEEK!

NUTS INVESTIGATION!

The Dancing On Ice look tested!

Are skintight outfits a good thing?

It's no secret that some of the Dancing On Ice ladies – like Jennifer Metcalfe and that Nickelodeon lady – look even hotter in their clingy outfits. Heck, even Kerry Katona doesn't look too [Stop right there! – editor].

But is the same effect true of blokes like Comedy Dave and Vanilla Ice? Does a man in a spangly skater suit suddenly look sexier? In the interest of science (in a way!), two Nuts men slipped into their silver one-pieces, got their skates on and headed out to see what the ladies thought!

Then hit the pub to relax after another tough day!



ON TV!



IN THE PUB!



ON THE STREET!



PAIR OF BERKS!



LADS IN LYCRA!

Well, girls?

What the ladies thought

LIZZIE, 30, READING

"I'm afraid these are awful. Your lads are no Vanilla Ice, I'll tell you that."

VICTORIA, 26, LONDON

"The only thing I can say is they might be able to lend me some nice accessories!"

EILISH, 20, SO'TON

"I'm into unique looking guys, but not when the look is that of a total ponce!"

CAROLINE, 30, KENT

"I want to like the look, I really do. But my sense of taste is preventing it!"

CLAUDIA, 29, LISBON

"Oh, dear! These dudes look like one of my aunties from Portugal!"

ABBY, 22, LONDON

"I'd go and chat a guy up if he was wearing this, but only for a bit of a laugh!"

Verdict!

A slamming from women! The skate look needs to be put on ice – permanently!

2011's coolest cars!

The cream of Detroit's Motor Show 2011

The first big motor show of the year is traditionally held in what's still the heart of America's car industry: Motor City, Detroit. So welcome the choice cuts of the

North American International Auto Show, as it's catchily titled, where Porsche, Mercedes and Audi thought it big enough to launch their new hot metal. Gawp at this, now...

AUDI RS3 Has the 2.5-litre, five-cylinder turbo motor from the TT RS, a seven-speed twin-clutch gearbox and Quattro four-wheel drive. It hits 62mph in 4.6 secs, then goes on to 155mph.



£39K

MERCEDES SLS AMG E-CELL This all-electric version of Merc's SLS AMG is only two tenths of a second slower than its petrol-drinking twin, and achieves 0-62mph in 4.0 secs.



£170K

BMW 1 SERIES M COUPE The baby Beemer coupé finally gets an M medallion. There's an overboost mode, spiking torque from 332lb-ft to 369lb-ft, and it'll do 0-62mph in 4.9 secs. Sweet.



£40K

MINI PACEMAN COUPE CONCEPT With a Cooper Works 212bhp turbo petrol motor, linked to Mini's new ALL4 four-wheel-drive system, it'll hit 62mph in 6.5 secs and top 150mph.



£22K

CADILLAC CTS-V COUPE The CTS-V is one badass race car. It'll compete in the Sports Car Club of America (SCCA) World Challenge, where its sub-four-second 0-62mph will be handy.



TBC

AUDI E-TRON SPYDER CONCEPT The Boxster-sized hybrid sports drop-top has been fettled even further. It's now diesel-powered for the rear wheels and electric for the front wheels.



TBC



£422K

PORSCHE 918 RSR CONCEPT The second version of Porsche's hybrid supercar punches out 756bhp, as the mid-mounted V8 screams to 10,300rpm with a top whack of 198mph+. Fierce.

Nuts babe Lacey wins Page 3 idol!

Lacey Banghard
wins battle
of the boobs!

Never let it be said that this magazine doesn't have an eye for fine ladies. Nope, we can spot an award-winning woman a mile off, then sign her up, quick smart. Remember our post-Christmas "Sexiest New Babes Of 2011" feature? And that lovely lass on page 48? Well, that's Lacey Banghard and she's just won the Page 3 Idol competition in a popular newspaper!

As well as that, she's signed for Nuts, so expect to see more of Lacey in the coming months. Don't thank us, our reward will come in heaven!

PHOTO: ZOE MCCONNELL/CELESTIPICTURES/FRANCWHITE, NUTS/PHOTONONSTOP/SHUTTERSTOCK



HYBRID LAPTOPS

Korean tech chaps Lenovo launched a hybrid computer that looks like a conventional laptop, with full keyboard and screen on a hinge. But the screen lifts off to be used as a tablet.



KEYS UNCLIP!

This year's new tech!

The best gadgety stuff for the next 12 months!

CES is a tech expo held every January in Las Vegas, where the great and good of the world of technology show off the flashy, microchip-rammed stuff they hope we'll be buying over the coming months. And hedge their bets as to where they see technology moving forward over the next year or so.

People with thick glasses, wacky hair, personal hygiene issues and blogs (ie technology journalists) swarm the place like girlfriend-free, Flip-camera-carrying locusts to cover every electrical inch of it.

And we just step back and pick out the best stuff. Like this...

WORDS: RORY BUCKNELL



FREAKISHLY ACCURATE ONLINE YOU!

Xbox have fine-tuned their Kinect mapping system, so when you enter a chatroom as your avatar, it'll sync the lips when you talk and even show incredible detail like facial movement and eyebrow raises. Impressive!

RETRO COOL!



THE RETRO LOOK

Everything's going retro, only it's all full of clever cutting edge tech! See TDK's awesome three-speaker iPod boombox, with its uncovered speakers and old-school volume dials. Sweet!



GLASSES-LESS 3D TV

Toshiba and Sony have figured out how to create 3D without you having to wear those silly glasses, and they should hit stores by the end of the year. Good news for the likes of us, bad for Reggie Yates, who habitually wears unnecessary glasses.



4G PHONES

Next up for phones is "4G" connection, now rolling out in the States. It's essentially home broadband-speed internet on your phone (and tablet), making your current wired home line obsolete. HTC and Samsung have already released compatible blowers.



CONNECTY TECH

Now stuff will communicate with other stuff! Like Samsung's Wi-Fied camera, where you can use a smartphone as the viewfinder and to take snaps remotely. Or Panasonic's cool new tablet, which connects to the TV for picture-in-picture viewing and internet browsing.



SERIOUSLY THIN PCS

Samsung's kicked the Macbook Air into touch with the ZX310 – a thinner and more powerful laptop, which packs a faster chip, better/more connectivity and seriously long battery life. Touché, Monsieur Apple – now over to you!



WIRELESS CAR CHARGING

American car giant GM has teamed up with induction-charging specialist Powermat to introduce some ace new technology that enables you to charge your electric-motored car by parking on special surfaces in car parks or installed in your drive. Handy!

JOHN CARPENTER
IS BACK...
THE WARD
WILL KEEP YOU
THINKING
FOR DAYS

★★★★

NAILA SCARGILL, GOREZONE

CARPENTER
PROVES HE IS
STILL THE
MASTER
OF SHOCK

TIM HANNIGAN, MOVIES ONLINE

FROM THE DIRECTOR OF HALLOWEEN

JOHN CARPENTER'S
THE
WARD

WARNER BROS. PICTURES

15 | CONTAINS STRONG BLOODY VIOLENCE

FILMATION ENTERTAINMENT IN ASSOCIATION WITH PREMIERE PICTURE PRESENT AN ECHO LAKE ENTERTAINMENT PRODUCTION IN ASSOCIATION WITH A BIGGER BOAT "JOHN CARPENTER'S THE WARD" AMBER HEARD, MAMIE Gummer, DANIELLE PANABAKER, LAURA-LEIGH LYNDSY FONSECA, MIKA BOOREN, AND JARED HARRIS. CASTING BY PAM DIXON, MICKELSON, C.S.A. MUSIC BY MARK KILIAN. COSTUME DESIGNER LISA CARYL. MAKE-UP BY GREGORY NICOTERO & HOWARD BERGER. EDITOR PATRICK McMAHON, A.C.E. PRODUCTION DESIGNER PAUL PETERS. DIRECTOR OF PHOTOGRAPHY YARON ORBACH. PRODUCED BY JESSICA STAMEN. EXECUTIVE PRODUCERS DAVID ROGERS, ADAM BETTERIDGE, RICH COWAN. PRODUCED BY DOUG MANKOFF, PETER BLOCK, MIKE MARCUS, ANDREW SPAULDING. WRITTEN BY MICHAEL & SHAWN RASMUSSEN.

RE-DIRECTED BY JOHN CARPENTER

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IN CINEMAS JAN 21

New superheroes unveiled!

Spider-Man, meet Captain America!

Gentlemen, here's a sneaky look into your cinema-slobbing, popcorn-chomping, blockbuster-gawping future, as we've secured amazing first-look snaps of the comic book stars coming your way!

First up is Brit actor Andrew Garfield's take on Spider-Man in the fourth movie, which reboots the character as a darker figure who has to fight the Lizard (Rhys Ifans) and gets to snog the delectable Emma Stone as his first love Gwen Stacy.

Then there's a first peek at Chris Evans in Captain America: The First Avenger – an origins story about how the '40s weed became a shield-slobbing, Nazi-thumping superhero.

Captain America drops in July this year. Spider-Man in July 2012. We can't wait!



SPIDER-MAN!
CAPTAIN AMERICA!

Nan had outdone herself with this year's knitted gift

Holly WilloughbyIn *Dancing On Ice*

Holly threatened to knock the low-cut dresses on the head. Then premiered this chi-chi number on Sunday's show. There was ice skating, too, apparently. We didn't notice.

**Natalie Portman**In film *No Strings Attached*

We're loving Nat's current film choices – thonging it up in *Your Highness*, and now in a lacy bra for her latest. Life's better when you stop chasing those pesky Oscars, eh?

**Laura Vandervoort**In lizardy alien drama *V*

Sci-fi show *V* is all about nasty alien lizards who also happen to look pretty sweet in their undies. Us? We're pondering the advantages of a girlfriend who can unhook her jaw.

**NEWS FLASH!... NEWS FLASH!... NEW****RUDE NEWS**

Blowing away January blues with lady wind!

**Eliza Doolittle**

On her hols, the Caribbean

Eliza remembered to pack up her bikinis in her old kit bag for her hols. Luckily, her bag is tiny and only holds bikinis and a toothbrush. Oral hygiene's important, right, kids?

**Addison Timlin**On TV in *Californication*

Californication star Addison's name may sound like someone stuck a fist in a Scrabble bag and sent the results to Equity. But as you can see, she's actually real! In both senses.

**Amy Winehouse**

On her hols, Rio de Janeiro

What's the point, we often ask ourselves, in ladies getting boob jobs and not showing us the results? Amy agrees. Well, she doesn't, but her boobs do. The lovely little keenies!

Nuts news flash!**Sophie Howard**
on *Dancing On Ice*

"I'd love to go on the show, but I'm not sure about those skintight outfits – my boobs would bust out every time I fell over!"

THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



Alex Bruce:
"I didn't touch him, ref!"



Mark Roberts: "Told you you could do it!"

STEVENAGE VS NEWCASTLE Broadhall Way, 8 January, 7.18pm
Peter Winn is congratulated after his late goal wraps up a 3-1 win.



Alex McLeish: "OK, lads, shoot as much as you can. As much as you can!"

WEST HAM VS BIRMINGHAM Upton Park, 11 January, 9.03pm
The Brum boss demands a shoot-on-sight policy from his men.



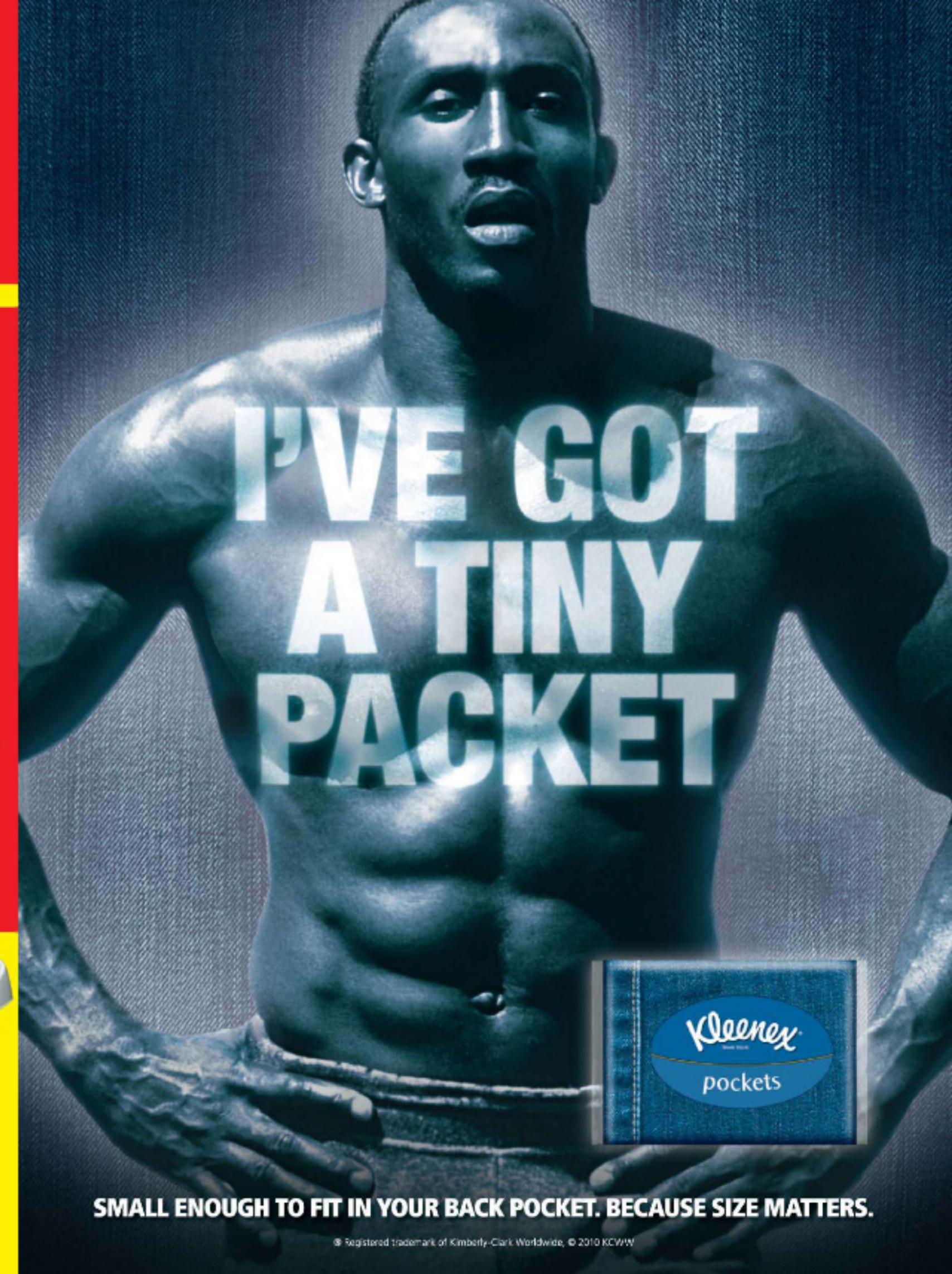
Raul Meireles: "Look at him. Look!"
Pepe Reina: "I f***king can't believe that!"

MAN UNITED VS LIVERPOOL Old Trafford, 9 January, 1.32pm
The Liverpool duo are up in arms after the ref awards a soft penalty.



Steven Gerrard: "Ref, it was f***king one-footed, just f***king one!"

MAN UNITED VS LIVERPOOL 2.02pm The Liverpool skipper tries to talk himself out of a red card, but the ref's not having it.



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Flying dolphin!

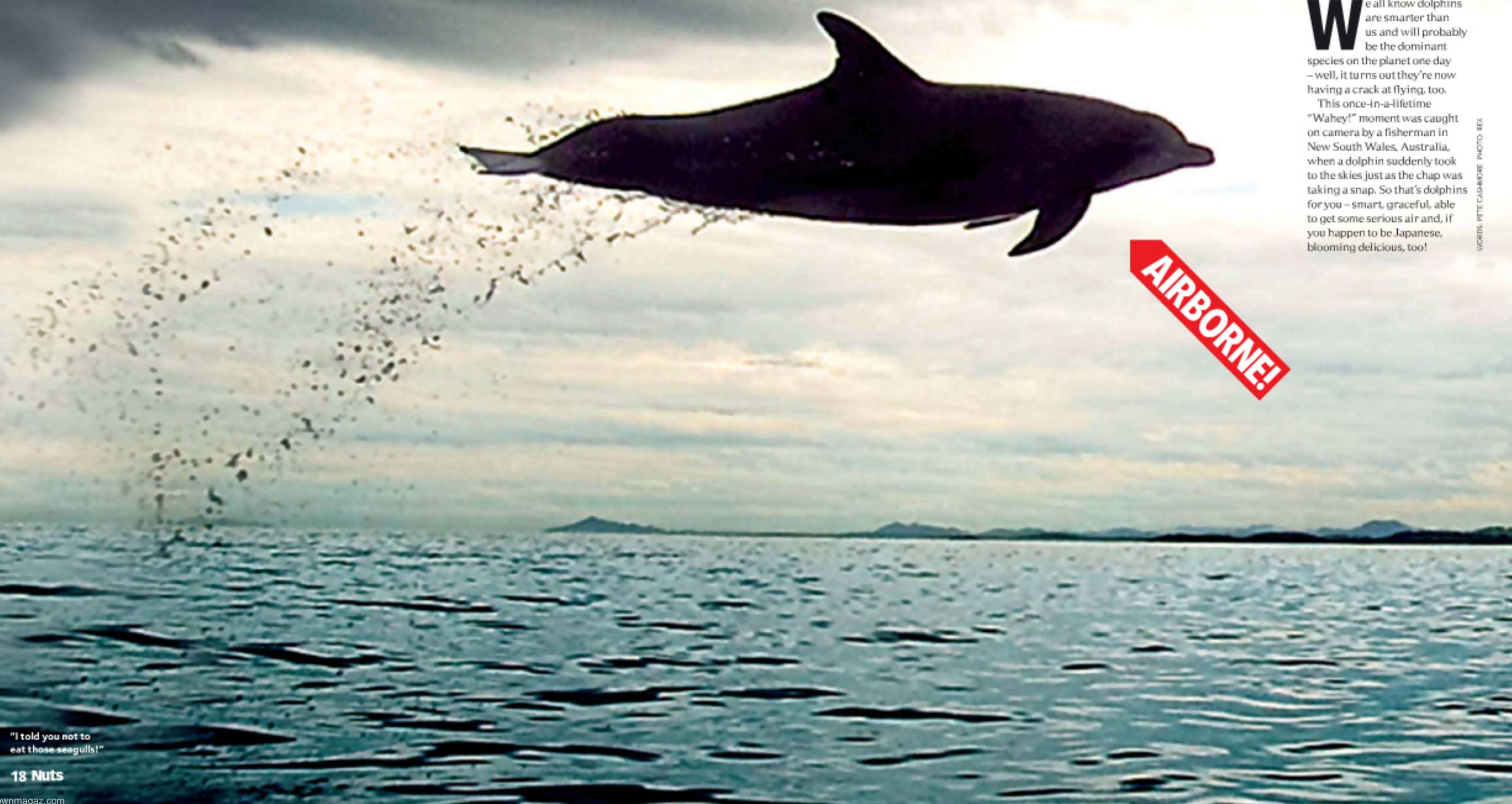
Crikey, Flipper's gone airborne!

We all know dolphins are smarter than us and will probably be the dominant species on the planet one day – well, it turns out they're now having a crack at flying, too.

This once-in-a-lifetime "Wahey!" moment was caught on camera by a fisherman in New South Wales, Australia, when a dolphin suddenly took to the skies just as the chap was taking a snap. So that's dolphins for you – smart, graceful, able to get some serious air and, if you happen to be Japanese, blooming delicious, too!

AIRBORNE!

WORDS: PETE CASHMORE PHOTO: REX



"I told you not to
eat those seagulls!"

Big cat cops it!

Officer takes on crazed leopard!

On the floor there, having a bit of a bad day, is Hanumant Mane, resident of the Indian town of Karad. On the right is copper Vikas Dhas. And in the middle is a grumpy leopard, now deceased.

After going on a rampage and attacking six locals in the

town, the cat ignored cops' warning shots and attacked Mane, giving hero cop Dhas no option but to shoot it dead.

"My only thought was to save that man," said Dhas. "I didn't want to kill the leopard."

"Please now address me as Vikas 'Leopard Killer' Dhas," he went on to say. Probably.

HE'S LOST IT!

"Don't move or your handbag gets it!"



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Truck hits house!

Army vehicle 1,
family home 0

We wouldn't like to be in someone's shiny army boots after this £1million, 28-tonne

Ranger armoured vehicle met a family house in Portland, Dorset. With the family at home!

The bombproof motor made a break for freedom while being unloaded off a transporter and took out the Nethercotts' garage – and two cars – before coming to a rest at their kitchen door.

Still, if this is the destruction it causes just by forgetting to put the handbrake on, imagine what it'll do to those pesky Taliban!

"I told you we should have just bought him the Lego set!"

DESTROYED!

Ranger facts



- The £1m armoured truck has a protection system that will withstand mines, small arms and IEDs.
- In an emergency, the seats can be removed to use as a stretcher.
- A unique "floating" crew capsule gives protection from roadside bombs.
- The Ranger packs a machine gun, anti-tank guided weapon, one-man turret and either a 30mm cannon or a 7.62mm machine gun plus grenade launcher.

PHOTO: RORY BUCKLE/DOLE

"Ah-ha! Oh, is this not number 71?"

WHOOPS!



DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

SKIN OFF!

ON THE MEND!

'I'd never seen so much blood'

Mountain-biker thrashes own thigh after fall!

Most two-wheeled injuries this bad involve an engine of some sort, so Sean Rank's wound is all the more impressive as it was done on just a mountain bike! Sean, a 23-year-old adventure guide, tells Nuts, "I was biking in

Canada with a couple of friends, when I came to two steep slabs of rock. Ignoring my mates' advice, I ploughed straight over.

"I flew over the handlebars and fell down about six feet. Then I looked down – I'd never seen so much blood! I'd landed on the end of my handlebar and

it had stuck in my leg, and as I rolled over, it'd peeled back the skin, revealing the inside.

"Then followed a tricky descent down the mountain, before I was finally seen by doctors. It took about an hour and a half and 35 stitches to put my leg together. Horrible!"



Win £1,000!

TERMS & CONDITIONS: *ENTRIES DECISION IS FINAL

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



YOUR LETTERS!

Sackloads of silliness from our readers!

Tree-mendous

Dear Nuts,
Thanks a lot for all the Nuts magazines – they really helped our Christmas tree come together, as you can see!

ATpr Ashley Woodger, Afghanistan

Our pleasure, Ashley! The fairy is particularly fetching!



"Do you like the baubles?"

He's a nice Fella(ini)

Dear Nuts,
I was on my way home from football training and some guy started singing an Everton song, so I turned only to find Marouane Fellaini dancing towards me. What a guy!

Christian Bytheway, Liverpool

And what a hairstyle, too! You must have felt you were in a '70s disco!

LETTER OF THE WEEK!



"Photo? But I'm having a bad-hair day!"

Picture Frain!

Dear Nuts,
I saw a photo of Emma Frain in your October issue and thought it would make an awesome painting – and I reckon I'm right!

Sye Gray, via email

We don't know that much about art, but we know that we like Emma's boobies!



Fairy funny!

Dear Nuts,
I saw this in a pub in Cardiff at Christmas – very amusing!

Francisco Andrade, via email
There was a fairy shortage in Wales? We'll inform France, they have loads to spare.



"What scent is the liquid?"
"Pine!"

Psycho abroad!

Dear Nuts,
While carrying out my duties on VAHS at Camp Bastion, I walked out of our tent and bumped into Stuart Pearce and the FA Cup!

SAC(T) Steve Ball, Afghanistan

Be afraid, Taliban – be very afraid! Psycho's in town!

It had traffic cone all excited

CUM CUM HILL

See more funny stuff at www.nuts.co.uk/spambank

STEALTH BUMMING CORNER!

"Here I am at work, giving my dad the treatment!"

Matt Hammond, via text

ONLY IN Nuts!



*EDITOR'S DECISION IS FINAL. TERMS AND CONDITION ON PAGE 60.

Send your Letters to nutsletters@ipcmedia.com or to the address on p60

The Price is right – again!

Dear Nuts,
I felt bad for the English when they didn't win the 2018 World Cup bid, so I drew a picture I'm sure they would appreciate.

Daniel Price, Pencaerau
Daniel, a truer word was never written! We love it!



So good they named it twice

Dear Nuts,
I saw this and had to stop on a country road round a blind corner! But it was well worth it!

Dan Rosen, Barnet
Dan, you have your priorities absolutely right!



See more funny stuff at www.nuts.co.uk/spambank

Nuts SPAMBANK!

All-new online hilarity



"I pity the fool who shakes us!"

SAWS



"Deep-sea diving's ace!"

Win Durex stuff!

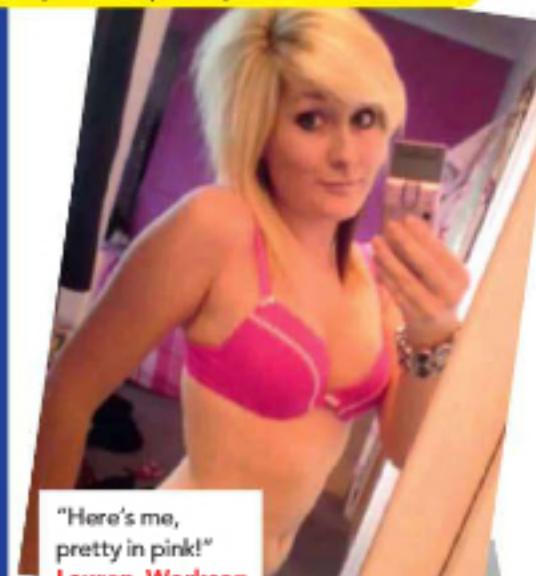
Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on page 60. The sender of the week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit www.durex.co.uk for more information.

ONLY IN Nuts!

CAMERAPHONE CUTIES!

Sexy snap-happy babes!

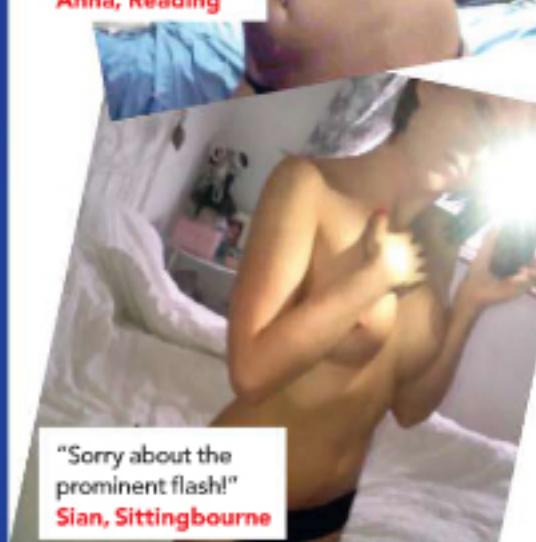
Send us your pics! Text 'Nuts' and your sexy camera-phone pic to 0771 388 8008*



"Here's me, pretty in pink!"
Lauren, Worksop



"Just a quick whip-up of the top!"
Anna, Reading



"Sorry about the prominent flash!"
Sian, Sittingbourne

YOUR JOKES!

Bursting with all the best gags, every week!



Send your jokes to nutsjokes@tpcmedia.com or to the address on p60

Q: What's the difference between puberty and a water bottle?
A: Justin Bieber's been hit by a water bottle

Ross Trench,
Kent

Q: What are you if you get aroused by The Simpsons?
A: Homosexual

Rahzar, via email

Q: What's the difference between pink and purple?
A: Your grip

Jay Clarke, Manchester

Q: What do you call a Dutch footballer who wears a neck warmer?
A: Snood van Nistelrooy

Tim, Canterbury



Lights on

Dave says to a sexy girl, "Do you want to play the fire engine game?"

"How do you play that?" she asks.

Dave explains, "My fingers are the fire engine and I drive up your legs. You say, 'Red light' when you want me to stop."

"OK," she giggles. "Red light!"

"Remember," Dave says, "Fire engines don't stop for red lights..."

Finlay, via email

Check mate

The lift doors in a hotel open and a beautiful woman runs out. She hurries over to reception and says to the man behind the desk, "Excuse me, I'm in a dreadful rush, could you please check me out quickly?"

The clerk looks her up and down and says, "Not bad. Not bad at all."

Dean Stay, via email



Win The Other Guys on Blu-ray

Will Ferrell and Mark Wahlberg's hilarious movie *The Other Guys* is out on DVD and Blu-ray on 24 January from Sony Pictures Home Entertainment's Laughing Stock collection. To celebrate, the sender of this week's best joke* wins a PS3 plus the film on Blu-ray!



*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY. SEND JOKES TO NUTSJOKES@TPCMEDIA.COM OR TO THE ADDRESS ON PAGE 60. PHOTOS: GETTY, REX, ALLSTAR

It's a trap!

An Aussie invents a new mouse trap consisting of a ramp with a razor blade at the top, set at right angles. The clerk in the patent office asks, "How does it work?"

The Aussie says, "The mouse walks up the ramp and leans over to get the cheese. His neck goes onto the razor blade, which slits his throat."

The clerk replies, "You fool! There wouldn't be enough pressure to slit its throat. Get lost!"

After months of research, the Aussie makes a vital modification by removing the cheese. He returns to the patent office and puts the trap on the desk.

"OK, enlighten me," says the clerk.

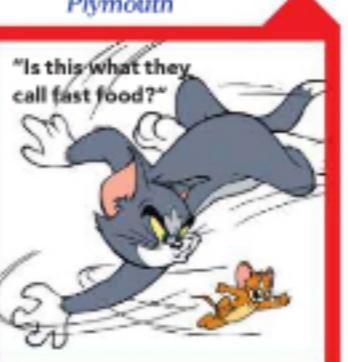
"It's simple," says the

Aussie. "The mouse walks up the ramp, leans over onto the razor blade and slits his throat..."

The clerk yells, "That's exactly the same as the useless one you showed me before!"

"No," says the Aussie, "this time the mouse moves his head from side to side saying, 'Where's the f***king cheese?'"

George Hamdale,
Plymouth



Warming to her

Bob says to his wife, "Right, it's pub time. Get your coat."

"Ooh, lovely," she says. "Where are you taking me tonight?"

"I'm not taking you anywhere," says Bob. "I'm just turning the heating off!"

Col, via email



FAMOUS BLOKES' JOKES!

KARL PILKINGTON: PHILL JUPITUS:

"My TV remote had a button that said, 'cinema sound'. I clicked it and a voice behind me went, 'Put your head down, you fat tw*t!'"

JASON MANFORD:
"If I won the lottery, I'd buy every ticket for a Mick Hucknall gig and not go. That's money well spent!"



MILTON JONES:

"Students can study all sorts of things these days, but then the exams are a lot easier. I know this because I recently passed an exam in cheerleading. I just went in and said, 'Give me an 'A' and they did."

DAVE CHAPPELLE:

""You don't miss things until they're gone. That can't be right. I don't miss having crabs at all"



FRANKIE BOYLE:
"Why are old people always doing puzzle books? Surely by the time you're in your 70s, there's enough sh*t that puzzles you without forking out a fiver!"



POP OUT IN PUBLIC!

Have a cheeky flash - and earn some cash!



IN THE SNOW!

CASEY 18 from Buckinghamshire
"The snow definitely shouldn't be a barrier to nudity!"

TERMS AND CONDITIONS ON PAGE 60 APPLY

SAIR 20, from York
"I got bored during my weekly shop and decided to air my nip!"

AT THE SHOPS!



IN THE SNOW!



AT THE ICE CREAM VAN!

EJAY 21, from Leamington Spa
"This should get me a free ice cream, shouldn't it?"

THIS WEEK'S
£100
WINNER!



IN THE CAR PARK!

SHELL 24, from Shropshire
"If you were parking your car behind me, look at what you missed!"

Win £100!

All printed pics get a Nuts vest-and-shorts combo. The winner gets £100*. Send your snaps to nutspopout@ipcmmedia.com or by text to 0771 388 8008.

*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY

Email your pictures to nutspopout@ipcmmedia.com

CAMERA PHONE COMEDY!

Seen something daft? Snap it, send it in and win £100!

ONLY IN
Nuts!

Win £100!



Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** Terms & conditions on page 60.



CONFUSING!

"Note to the people who did this sign - it's a little bit puzzling!" **Anon**, via text



IT'S TOXIC!

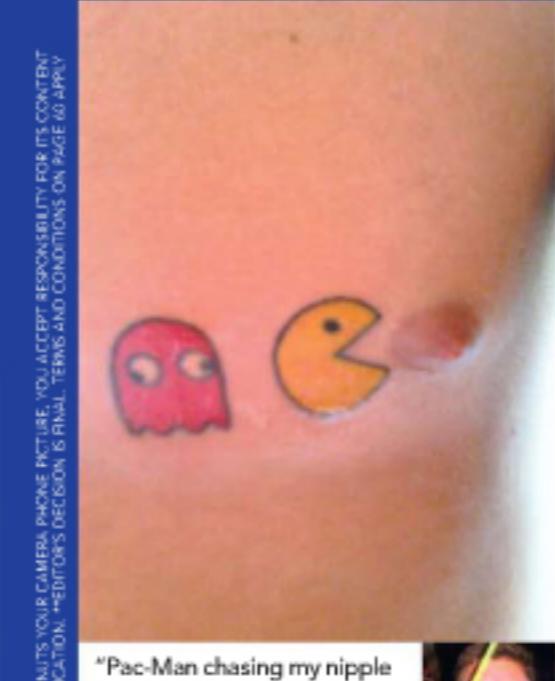
"I noticed this on a skip at work. At least it's to the point!" **Dean Burke**, Skegness



SNOW JOKE!



CORNER!



"Pac-Man chasing my nipple just wouldn't be the same without a ghost in there as well!" **Josh G, Coney Hall**



Half price

NO DEAL!

Lynx Trio Pack

£8

"I saw this in Morrisons. I preferred the price before!" **Christopher Q, Wishaw**



SAUCY SPREAD!

"I opened my Vitalite and found this wee willy! Er, thanks, guys!" **Anon**, via text



DODGY SWEETS!

"I came across these weird sweets in Spain!" **Michelle Turner**, via email



Hi Dara! You asked your followers on Twitter to suggest names for your new DVD. What hilarious play-on-words did you opt for in the end? I went for something really sad – *Dara O'Briain: This Is The Show*, which is a perfectly fine, confident title for a DVD. The hilarious winning pun was *Dara O'Briain: Craic Dealer*, which I don't think would've gone down too well with the advertisers. In fact, they went bananas. The other two I really liked were *Registered Comedictrion and Practising Comedianologist*. You realise that an abbreviation of *Dara O'Briain: This Is The Show* is *Dara O'Briain: TITS*? Yes, I do. Now that it's too late!

Who's more annoying? The meerkat off the *Compare The Market* ads, the opera singer from the *Go Compare* ads or you in the *Money Supermarket* ads? Oh, please don't perpetuate this myth that I'm in that *Money Supermarket* ad. Omid [Djalili] is darker-skinned and a foot shorter. I'm a Curly Wurly to his Malteser. Is it just the bald head? Is that all people see?

Well, if you put on a pair of glasses and turn up your collar, you're a dead ringer for Harry Hill. I've had people come and say, "I love that show. It's the best thing on Saturday nights." People think you're just being incognito. I get mistaken for Al Murray a lot, too.

What about Ross Kemp? Kemp I haven't got. I haven't got that far-away haunted look like I've seen death in my eyes like Kemp has.

Between series of *Mock The Week*, do you just sit behind your desk waiting for everyone to come back? Yes, we all sit there and read newspapers and watch spiders build webs on our heads. No! F***ing can't get out of that studio fast enough!

You're Irish, of course. Would you like a potato? Ah, Lord! Saying that, I haven't eaten, so I actually would like a potato.

INTERVIEW: RICH PELLEY PHOTOS: CAMERON PRESS/UNIVERSITY JOHNSTON



'I'D BE SH*T AS AN APPRENTICE CONTESTANT'

NUTS MAN!

I can probably get over the stereotype. I do enjoy a potato in its many teasing forms. How about three potatoes, but you have to take Ronan Keating back? I'd be quite up for that, but we've already taken him back. He lives in Ireland now. How about a whole sack of potatoes in exchange for Louis Walsh, Boyzone and Westlife, plus we'll let Ireland qualify for the next World Cup? Firstly, it's not up to you to let Ireland qualify for the next World Cup, and I hope you choke on those words as Trap's [Giovanni Trapattoni] brave boys stuff you the next time we compete. Secondly, I live in London, so all those people can go back if they want. If they're in Ireland, they're not bothering me. Fair enough. You've been described by some people as "Terry Wogan's rightful heir". But you haven't got any! Ah, here we go. I object to the f***ing Wogan comparison but that's just a poorly disguised bald joke, isn't it? Saying that, it's not even disguised!

Yeah, you got us. You're a big gamer, aren't you? What's currently pushing your button?

I am! Even as we speak, I'd like

nothing more than to end this

interview and go back and play *Fallout New Vegas*, then maybe get on to a bit of *Fifa 11*.

Yeah, us too actually. Is there any comedy to be found in video games?

Yeah, definitely. I've managed to sell a routine based on the crouch button in *Metal Gear Solid* for 135 gigs. It's actually become my big finale routine. Thanks, Dara. Finally, are you hoping that after doing really well on *The Apprentice: You're Fired*, they'll promote you to Sir Alan Sugar's role? No, it's not a hope of mine in any way at all! I'd be sh*t as a contestant as well. I can't work in a team. I'm lazy. I'd just want to go back and play *Fallout New Vegas*. I'd have no interest in selling fish for the sake of getting a proper job. I'd be useless! ■

Dara O'Briain – *This Is The Show* is out now on DVD

**MUTS NEXT
TOP MODEL!**

Introducing the hottest new models - in their first ever Nuts shoot!

ONLY IN
Nuts!

April

She's 22, from London and has 34FF boobs!

INTERVIEW: NICK WATKINS. PHOTOS: NELLIE PHILLIPS. HAIR & MAKE-UP: IDHANA DAI. STYLING: KAREN WILLIAMS

Hi April! How does it feel to be Nuts' Next Top Model? Brilliant! I'm really excited about it! I love Nuts, so it's cool to be in the mag. Hopefully, this'll be the first of many shoots I do for you. **Tell us a bit about yourself.** I'm a full-time model and I do some TV presenting. Other than that, I lead a quiet life. I prefer a few drinks rather than clubbing. **What's more important in a man - looks or a sense of**

humour? Definitely a sense of humour! I think good looks bring a lot of arrogance, so I prefer someone who can have fun and laugh at himself. It's easier to relax with a fun guy! **What's the nicest thing you've ever done for a bloke?** When I was younger, I sold my necklace to buy my (then) boyfriend a chain for Christmas, which he loved. I regret it now, though! **Have you ever kissed a girl?** Yeah, my best friend. We were

snogging each other all night and couldn't leave each other alone. Everyone in the club was looking at us. It was ages ago!

What's your favourite kind of underwear? Anything that's girly and fun. I quite like French knickers, that sort of thing. **Where's the most adventurous place you've had sex?** On top of Primrose Hill in London! **Finally, what plans do you have for 2011?** I'd like to work abroad. I'd like to settle down

"I like French knickers!"



**Want more
April?**

Want to see more of April in Nuts? Email us at: topmodel@ipcmedia.com

INSIDE THE MIND OF A SNIPER



The weapons, the skills and the kills – what does it take to become a British Army sharpshooter?

Since January 2006, Lance Corporal "X" has been deployed on operations in Iraq and Afghanistan – for his own safety, we can't publish his name or regiment. Here, he speaks exclusively to Nuts about life as a sniper, what it takes to become one, and how to survive the world's deadliest battlezones.

Hi Lance Corporal "X"!
What was your first week in Afghanistan like? It mainly consisted of situational briefings. As a sniper, I also had to collect my shooting data. Shooting out there is totally different to shooting in the UK. You need to take into account humidity, air density and the effects of heat shimmer among other things. Humidity and air density affect the flight of your bullet, while heat shimmer compresses distance – all things you need to consider if you want to kill someone with one bullet.

Our accommodation in Camp Bastion was smack bang opposite the medical centre, so while we were there, we saw every dead and injured soldier who was

brought in. Every day, someone had been killed or injured, be they British, American, Danish, Estonian or Afghan. I'll always remember that – it wasn't something we needed just before we were about to go out on the ground!

And your first day on patrol? We were thrown in at the deep end. We'd received intelligence that a vehicle was being used to transport explosives. Our task was to set up a covert observation point, get eyes on the vehicle, kill the driver and disable the engine, so ground forces could search the vehicle. We waited for 12 f***ing hours in the Afghan heat. The vehicle never showed up. I was f***ing devastated!

When was the moment you realised this was for real? I was never blasé about the situation and always knew it was for real, especially having experience in Iraq, but I'd say within a week of being out on the ground in Afghanistan, when the forward operating base I was at came under rocket attack. We were sleeping in the open with only a disused

parachute as a roof, so when the first rocket hit, I thought "F**k this, I'm finding better cover." That just reminded me that there were crazy f***ers trying to kill me and my mates. Luckily, no one was hurt in that instance.

What's it like looking down the scope? When I look down the scope, I don't have any feelings for the man I'm about to kill or injure. All I'm worried about is that the target hits the deck. F***k them, they're the enemy. They'd shoot me and my mates and plant bombs in the ground for us to step on!

What does it take to become a sniper?

Obviously, you have to pass a sniper course to gain the qualification, but even before you turn up at the course, you have to be an above average infantry soldier and, speaking from experience, you have to be mentally and physically robust. From my own experience, snipers have to be emotionless – to feel anything for the people you're shooting would hinder your performance. There's a lot more to sniping than just shooting! ➤

LANCE
CORPORAL "X"



THE SEVEN SNIPER SKILLS



1 SNIPER KNOWLEDGE

Snipers are instructed on the tasks they may be asked to carry out on the battlefield. As well as this, they're also instructed on the L115A3 weapon system and the history of a sniper.



2 NAVIGATION

All snipers are expert navigators. On the sniper course, candidates hone their map-reading skills and are taught to navigate from aerial photography. This is to ensure that a sniper can plan his task accurately.



3 OBSERVATION

Snipers are taught how to observe and log enemy movements. This ensures they can detect the slightest detail that may give away an enemy. Snipers have been known to stay in one location for days on end.



4 STALKING

Stalking's an art form. A sniper must be able to approach an enemy position undetected, then get into position, calculate wind and distance to the target, take his final shot and extract from the location undetected.



5 CONCEALMENT

Snipers are experts in camouflage and concealment. They're taught to conceal themselves using natural vegetation to enable them to lie undetected when observing enemy movements or when moving.

6 SHOOTING

Snipers must be able to calculate wind values, distance and elevation. Snipers are also taught firing from all positions – standing, lying down, kneeling, sitting and crouching. This improves the chance of a first-round kill.



7 JUDGING DISTANCE

Snipers are taught a number of methods to help them judge the distance to a target, ranging from methods using the naked eye to using optics on the rifle. Again, this improves the sniper's chances.



WEAPON CHARACTERISTICS

- **NAME:** L115A3 Long Range Rifle
- **MUZZLE VELOCITY:** 936 metres per second
- **MANUFACTURER:** Accuracy International (English Company)
- **FEED:** Five-round box magazine
- **CALIBRE:** 8.5mm
- **WEIGHT:** 6.8kg
- **LENGTH:** 1,300mm



THE WORLD'S BEST SNIPERS

NUMBERS

During the Second World War, Soviet marksman Vasily Zaytsev killed 225 Nazis in the Battle of Stalingrad, one of whom was a sniper he "duelled" with for three days. His story was told in 2001 movie *Enemy At The Gates*.

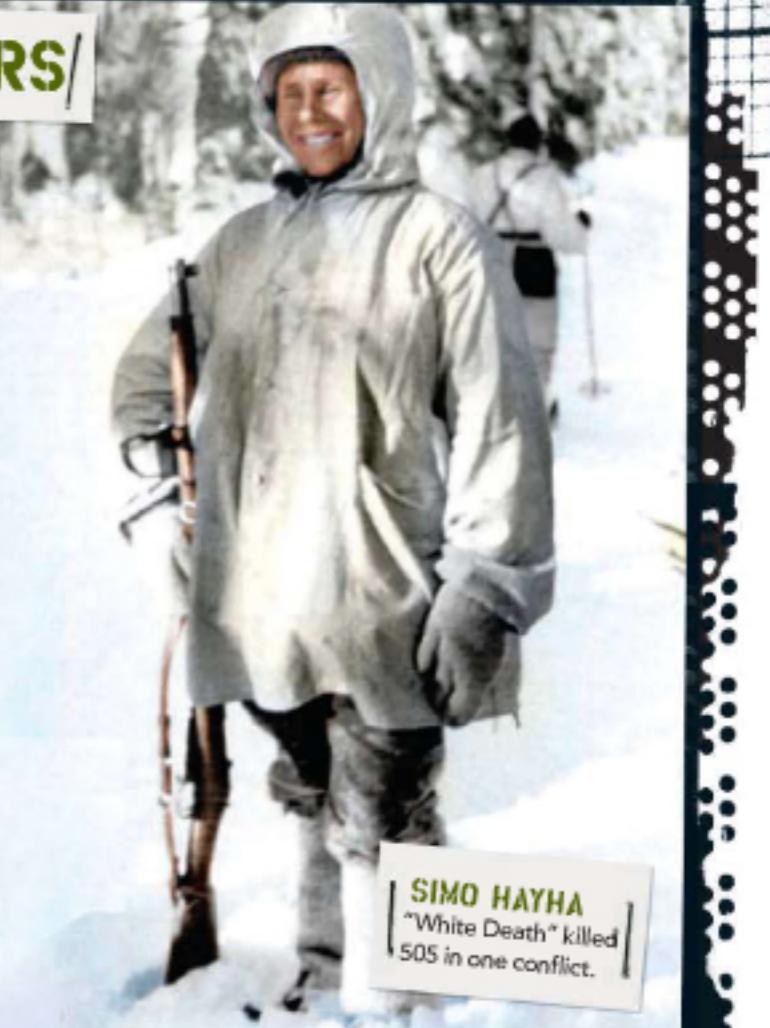
SPEED

In 2010, a British sniper from The Rifles shot dead five Taliban gunmen in an astonishing 28 seconds, just moments before his comrades walked into their ambush. The sniper, who can't be named for security reasons, was setting up an observation point with his spotter when they noticed the group of Taliban rebels. Immediately, the gunman snapped into action. Hiding in an old fort, he pulled his L115A3 into position. As soon as he was given the command to fire, he engaged. Less than

half a minute later, the five Taliban were down. "My job's about taking care of the boys," the hero said. "It's not about how many you kill!"

CONSISTENCY

Former Finnish soldier Simo Häyhä, nicknamed "White Death," holds the record for the most kills in any recorded war, with a mind-blowing 505 confirmed in the 1939 conflict between Finland and the Soviet Union. What makes Häyhä's achievement even more spectacular is the fact that the majority of his kills came from the barrel of an iron-sighted M28 Pystykorva rifle – a far cry from the technologically advanced weapons at the disposal of snipers today. In fact, he chose not to use a telescopic sight because a sniper must lift his head slightly higher to use it, making him that little bit more detectable. ■



SIMO HÄYHÄ
"White Death" killed 505 in one conflict.

BONKERS BODGE - DODGY!

What happens when spanners use spanners!



HOME-MADE LIGHTS!

Headlight replacement: £65. One torch and a multipack of AA batteries to guide you at night: £9. You do the maths!



WALL-MOUNTING WALLY!

A couple of old skipping ropes and half an hour's work, and you'll have the best view of the football in the house!

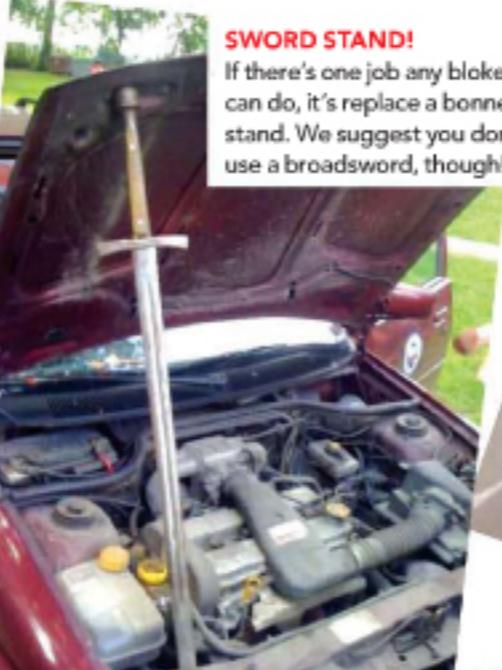
SILLY STEPLADDER!

In fairness to the owners of Eylül stores in Turkey, business had been slow – so slow, they couldn't afford a ladder!



SWORD STAND!

If there's one job any bloke can do, it's replace a bonnet stand. We suggest you don't use a broadsword, though!



BONKERS BELT!

Fancy a Pot Noodle when you're out? Fear not, because you've got some cutlery for it right there in your midriff!



TERRIBLE TAPS!

Sold your taps for beer funds? Just use a red pen for hot and a blue one for cold like the students who did this. Genius!



BARMY BRIDGE!

Builders got creative when this bridge almost collapsed. With no pallets, they probably got the afternoon off, too!



STUPID STAND!

It might look like a fancy art installation, but this dodgy TV stand only costs around £25 and any "artist" can do it! ■



CUT A RUG!

We thought Britain's roads were bad – we're just lucky we don't live somewhere they plug holes with carpet!



LAUGHABLE LAWMOWER!

"Wood" you believe it? Some plum has used a bit of tree to re-wheel his lawnmower!



When bras can't cope!

Warning! Overworked underwear giving way ahead!



We've all tried over the years to squeeze into a pair of jeans that don't really fit our beer belly. Usually, the material just about manages to last the day. Sometimes, though, bras just can't handle the stress some of the Nuts girls put them under, and they end up pinging off. Mercifully, we're always there to capture it, and we've got some cheeky pics to show you! ➤

**"I fondle
150 pairs
of boobs
a year!"**



Hi Holly! When was the last time you had a bra mishap? I don't have problems with my bras, just bikinis! I've lost count of the number of times I've jumped into a pool and come up with my boobs all over the place!

Describe your ideal bloke.

Tall, dark and handsome! Dark eyes do it for me and I like a man with a tan and a good body. And who doesn't take himself too seriously. I'm not interested in anyone who's arrogant.

When was the last time you had a naughty thought?

A few minutes ago when Emma Glover came out wearing just a tiny bra and her boobs were bursting out of it. I thought to myself how much I'd enjoy taking it off her!

Over the course of a year, how often do you get to feel other girls' boobs?

Well, it works out at about three a week, so let's work it out... more than 150 pairs! What a lot of fondling!

Do other girls ask to feel your boobs? All the Nuts girls are so

HOLLY PEERS

comfortable with each other, we don't even have to ask. If we fancy a squeeze, we just do it!

What's the worst job you've ever had? A waitress. I worked in an Italian restaurant in Manchester and the Man United players used to come in often. I nearly dropped some broccoli juice on Sir Alex once, and another time, I just barely avoided chucking a pint of Coke over Wayne Rooney. I lasted about six weeks in the job!

When the Nuts girls have a sleepover, is it all sexy nighties and pillow fights? It's great! We usually end up crashing in one room. Everyone walks around in their knickers, drinking wine and doing each other's hair and make-up. Having no clothes on is just natural to us now!

Thanks, Holly! Finally, whose boobs do you admire the most? We were just talking about this and I grabbed Emma Glover's chest and said, "I'd like my boobs to be exactly like this!" She has a fantastic pair! ➤





EMMA GLOVER

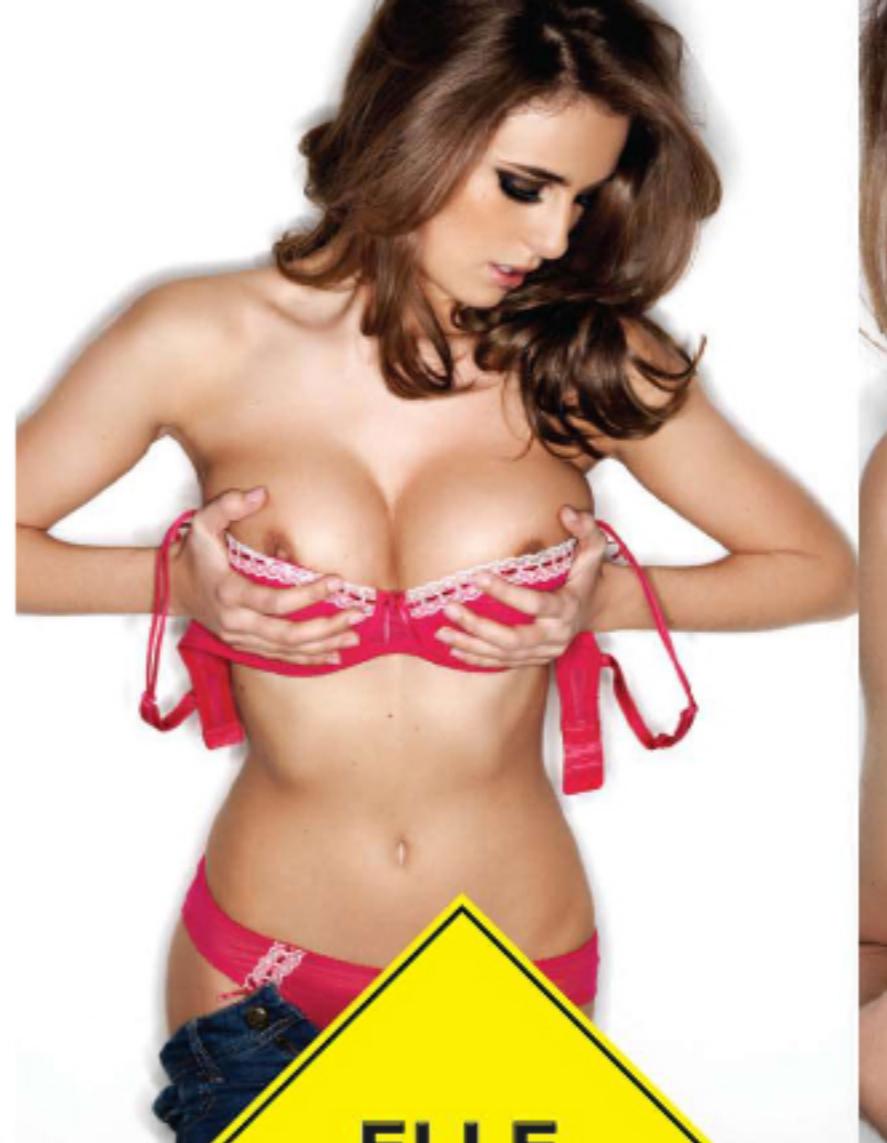
Hi Emma! Has a bra ever given up trying to contain your whopping boobs? Yeah! I was in full-on sexy secretary gear when I worked in the City and it just gave way. There's not a lot you can do! I worked in an office that was about 90 per cent men, and I think every one of them must have sent an email about it! **Crumbs! Who do you really fancy but you know that you shouldn't?** Simon Cowell. I don't know why. He's not handsome, and it's not his money. It must be a power thing. I wouldn't say no! **Interesting! Whose boobs are bigger out of yours and Holly's?** We measured them yesterday, actually. Technically, they're the same size, but Holly's boobs are a little bit wider, and mine are a bit "taller". You could make the ultimate pair of boobs out of them if you combined them! **Do you have a girl crush on anyone?** Have you ever had one of those dreams where you snog

someone, then wake up fancying them? I had one of those about Emma Frain. She was my girlfriend and I snogged her in my dream, and she wrapped her leg around me. So she's my girlfriend in real life now. I hope Rosie doesn't read this and get jealous! **We're jealous enough! Which of the girls on the shoot groped your boobs the most?** I don't think there's a girl on set who hasn't had a feel of my boobs today! From models to make-up artists to stylists, everyone's been all over them. At one point, I was just sitting there and literally every woman in the room was just squeezing them. I was being abused! **Thanks, Emma! Finally, whose boobs do you admire the most?** Who's that old girl who wears bikinis? Helen Mirren. She's epic, she has an amazing body. I hope I look half as good as that when I'm in my 60s. And I'll still be wearing bikinis in public! ➤



"I fancy Simon Cowell!"

**"I struggle
to close my
bra every
morning!"**



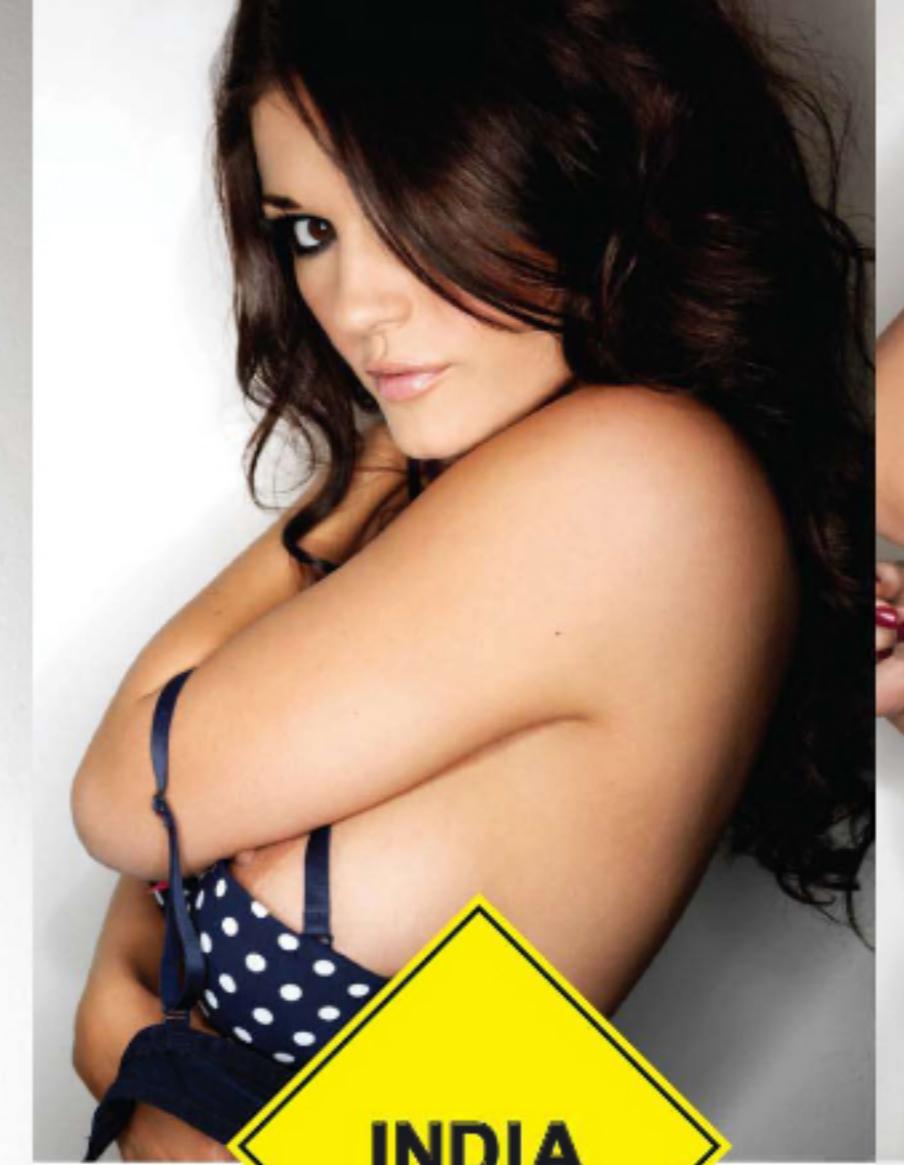
Hi Elle! How the devil are you? Great, thanks! I haven't been very well at all lately, but I'm back to health now and happy to be on this shoot! I was really late but it was just a great day looking at boobs. Even if I missed lunch! **When was the last time you had a bra mishap?** I have trouble closing my bra every morning because I wear them so tight to keep everything covered up. So I have an argument with my bra every day. I always win! **Good. When was the last time you were really outraged?** I can't really think, you know. It takes a lot to outrage me. I'm not easily offended. Unless you push me on the train and don't say sorry – that winds me up! **What did you make of new girl Lacey's boobs?** They're fantastic! But I have to be honest, I was more distracted by Emma Glover's boobs. They're beyond big at this moment in time. She tweeted a picture of them the other day and I had to save it to my phone – don't act like you didn't! **Do you prefer a man to be scruffy or smart?** Scruffy. If you take a smart-looking guy and put him on a building site for a week, that's what I like. A little bit of rough! **Did you go to university?** Yeah, I studied Events Management but I didn't like it so I went home! I like a party and I'm organised, but it wasn't fun, so I decided to get my boobs out instead. It's always better to enjoy the party rather than organise it! **How often do you feel other girls' boobs?** We've all had a big feel of Emma's to work out her secret to such massive ones. So whenever I see Emma – or anyone who's got a good pair – I'll always have a good squeeze! **Thanks, Elle! Finally, what's your favourite thing about your own boobs?** They greet me every morning. Men think women are lucky to always be able to see boobs, but do you reckon Simon Cowell feels lucky to have his? I bet he bloody doesn't! ➤





"Rihanna's new single gets me in the mood!"

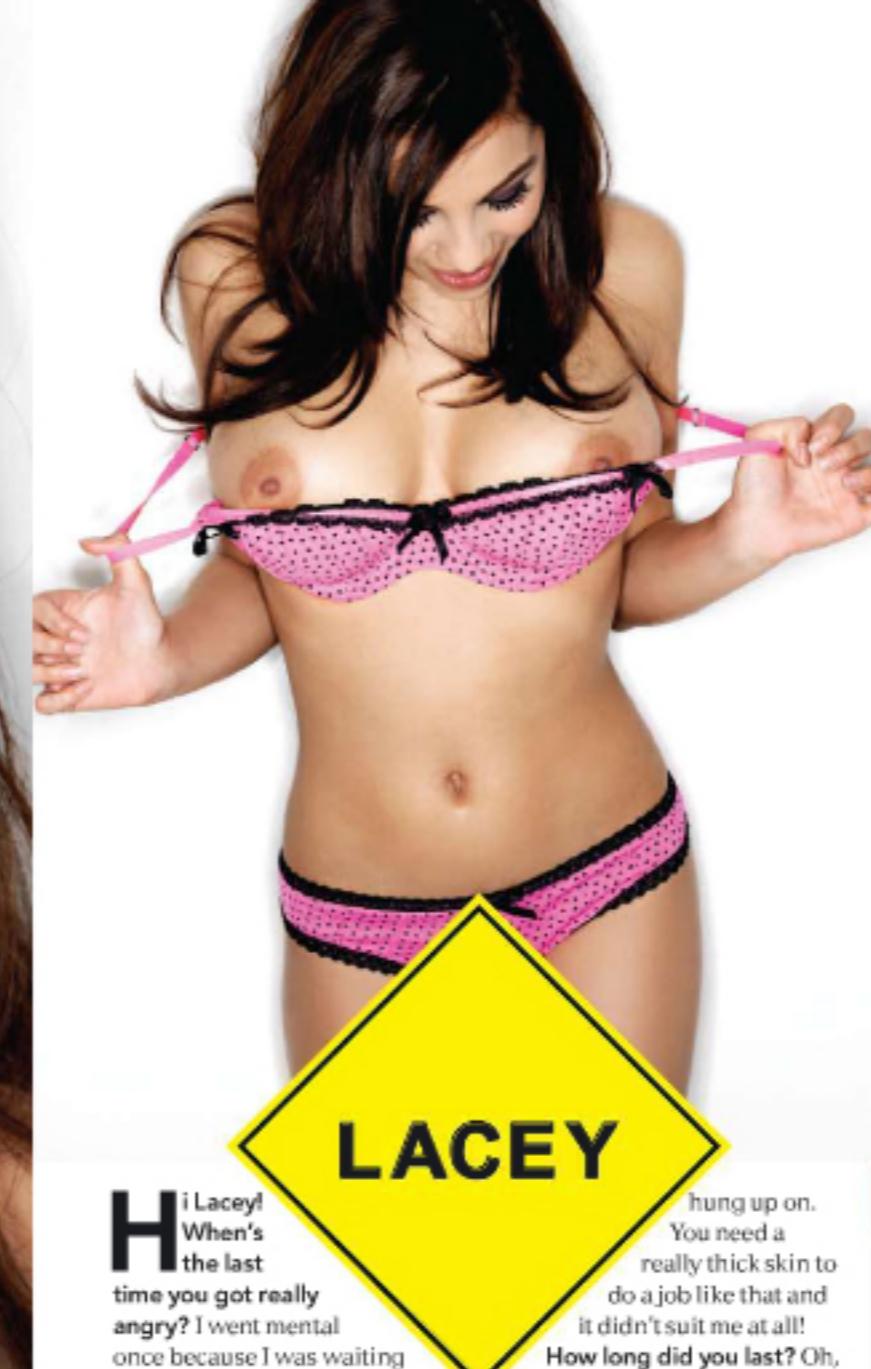
50 Nuts



Hi India! What would you say is your favourite night out? Going clubbing with Rosie Jones and Emma Glover and getting really drunk is always a good laugh. We love dancing and acting the fool. Fortunately, nightclubs are quite dark so we don't look too ridiculous! **Do you have a girl crush on anybody?** Yes! I love Kara Tointon, she's gorgeous! Nice tan, lovely hair, really pretty – the whole package. **Do any other celebs push your buttons?** I also have the hots for Rihanna. Some men find her terrifying but I love her attitude, her styling, her voice. She's another big girl crush for me! **Do you like to listen to her music when you're being naughty in bed?** Oh yeah! Her new single What's My Name gets me right in the mood! **Where's the weirdest place you've been recognised?** I don't get people coming up to me and saying, "Oi, you've been in Nuts, haven't you?" Instead it's a kind of general recognition that they can't put their finger on. Maybe it's because I've got some clothes on! There was one time where an old guy saw me in a hairdresser's and came in and sat next to me. He thought he knew me and I didn't have the heart to tell him he'd probably just seen me in a men's mag!

Describe your ideal man. I like tall men, they work for me, and someone with a nice body. Also, if a man can make me laugh he's in with a good chance! **Who's been the naughtiest girl on this photo shoot?** That's quite a hard one. We're all quite cheeky in our own way. But I think I'd have to go for Lacey. She's just crazy! Whether on a shoot or in a nightclub, she's always the loudest one – right in the middle of things! **Thanks, India! Finally, what are the best features of your boobs?** I'm told they're round, soft and good to play with. I've not had too many complaints! →





Li Lacey! When's the last time you got really angry? I went mental once because I was waiting at the bus stop outside my house for about an hour and four buses went past me without stopping. I just lost it! I stormed inside and started chucking things around until I realised what a d*ckhead I was being, so finally calmed down! What's more important in a man – big muscles or a sense of humour? Oh, a sense of humour every time! Big muscles would be alright for a bit but eventually, I'd just get bored looking at a man's muscles every day. That's not what rocks my boat. If someone's funny, he can keep me entertained, and I'm a girl who likes to be happy! What's the worst job you've ever had? I've had loads! The worst was when I was in a call centre and had to ring people up about their debts. I used to dread going to work every day. I'd get shouted at, sworn at and

INTERVIEW: FRANK TENNISON, RICH HENKINS. PHOTOS: DAVID GEDGE

STYLING: KAREN WILLIAMS. HAIR & MAKE-UP: JOHANNA DALEND, LISA HARRIS

hung up on. You need a really thick skin to do a job like that and it didn't suit me at all! How long did you last? Oh, hardly any time at all. I ended up getting fired because I never recovered any money! What's the wildest night you've had out on the town? I'd say it was my birthday. Champagne and I don't get on but that night I had loads of it and paid the price. I went crazy, dancing on the stage, rolling around the dancefloor and generally losing the plot. Great night, though – and it was my birthday after all! What's your favourite song to "get it on" to? Something by Drake or Lil Wayne. I'll go for Lil Wayne actually, because he's got such a sexy voice and it really turns me on. Thanks, Lacey! Finally, your shoot looks a lot of fun! Who would you say is the naughtiest girl on set? Well, I've just had Emma come over and cup my boobs! Does that make her the naughtiest or me? You decide! ■



"Emma just came over and cupped my boobs!"

Nuts SPORT

SACKING OUR MANAGER, EVERY WEEK

Nuts EXCLUSIVE!

Kuyt: 'We're lucky to have King Kenny!'

Liverpool's Dutch master chats solely to *Nuts*!

Hi Dirk! So far, it's been a massively disappointing season for Liverpool, what can you do to turn things around? There's no magic solution to where we are – only hard work will bring results. We're still a good team.

A few seasons ago, we were challenging for the title and there can be no excuses for any disappointments. We as players just haven't done well enough. We must do better.

PHOTOS: GETTY, ACTION IMAGES

So it wasn't all Roy Hodgson's fault then? Roy is a good manager and a good person. It's sad that he left us. The responsibility lies with all of us, not just one man. He had a difficult situation to deal with, results weren't good and our confidence suffered. I'm sorry Roy paid the price.

Tell us about the Kenny Dalglish effect. Everyone in football knows about Kenny Dalglish. He's a legend around the world, particularly with the Liverpool supporters. He deserves this, too, because of his achievements as player and manager. We're lucky to have a man of this quality to help. I'm sure he'll get us back to where we belong. **What is he like in the dressing room?** He has the total respect of everyone. When he talks, you listen. This is a legend of football, with incredible experience. I'm sure we will benefit from his presence. **Do you think he will stay beyond the end of the season?** It will depend on results. If he does, it'll mean we have played well. If this happens, I'll be glad!



Nuts SPORT

"Kenny is a legend of football"

KOP HERO!



"Don't call me Rafa"

Dalglish fact file!

A look at King Kenny's finest moments!

- 1977: After winning the Scottish First Division four times, joins Liverpool from Celtic for £440,000, a record fee at the time between British clubs.
- 1978: Scores the winning goal in the European Cup final. Reds win it again in 1981 and 1984.
- 1980: Wins second English league title.
- 1983: Wins the second of back-to-back titles and is voted both Football Writers' Player of the Year and PFA Player of the Year.
- 1984: Liverpool seal the League Cup, First Division and European Cup treble.
- 1986: Becomes player manager, achieves an FA Cup and title double.
- 1988: Secures second title as manager.
- 1990: Wins the title again, retires as a player.
- 1995: Leads Blackburn Rovers to the Premier League title.
- 1997: Becomes manager of Newcastle, but is sacked 20 months later.
- 2000: After stepping in as manager, sees his Celtic side win the Scottish League Cup.
- 2009: Returns to Liverpool and, after Roy Hodgson's dismissal in January 2011, becomes caretaker manager.

"Stand up, if you hate Man U..."

HODGSON!

When goes wrong!



Sometimes sports stars can't help themselves!

Just when you thought the world of sport couldn't get any more ridiculous, along comes the brilliant trend of Twitter ranting.

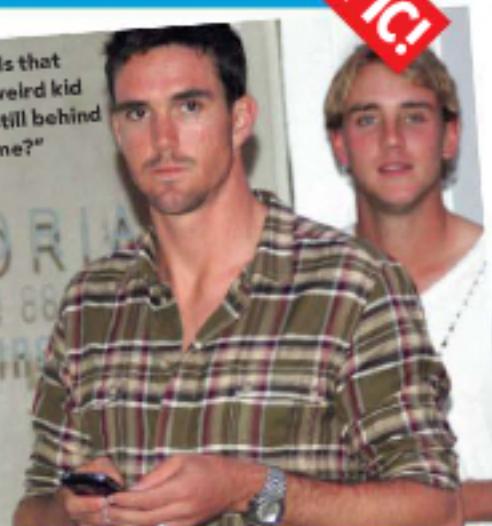
Seemingly not a day goes by without some star getting all grumpy via the medium of "tweets". Just recently, Liverpool man Ryan Babel got in a spot of

bother for posting a mocked-up picture of Howard Webb wearing a Man United strip after the baldy ref's decision to give a soft penalty in the FA Cup third-round match between the two sides.

Then his Anfield team-mate Glen Johnson reacted to criticism from a certain Sky

sports legend by saying, "Who is Paul Merson to judge players, he was average at the best of times. The only reason he's on that show is coz he gambled all his money away. The clown!" Blimey!

And it turns out they're not alone – check out these other Twitter tantrums!



KEVIN PIETERSEN

Miffed at losing the England captaincy, then being omitted from the Twenty20 squad, Pietersen posted this comment, which was then deleted only minutes later.



KAKA

During a horrid first season at Real Madrid, the one-time golden boy of Brazilian football launched an attack on his coach Manuel Pellegrini after being substituted.



TIM BRESNAN

Graeme Swann and James Anderson were ribbing the cricketer about his weight and Bresnan saw the funny side. But not when a random member of the public joined in!

QPR VS EL HADJI DIOUF

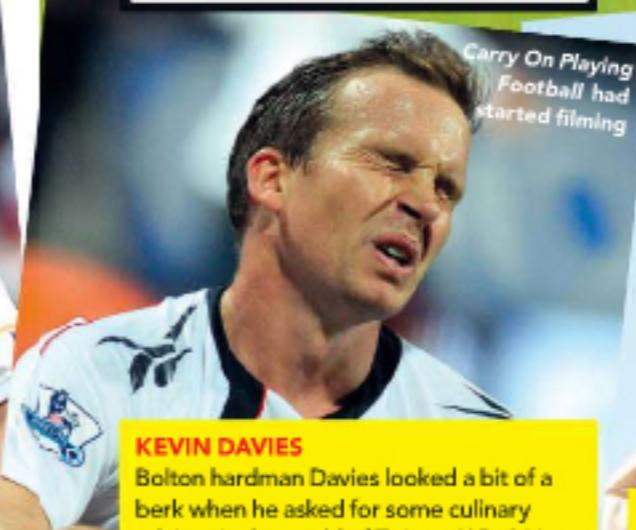
After allegedly shouting "F**k you and f**k your leg" at an injured Jamie Mackie, Diouf got a few messages from QPR men Bradley Orr, Clint Hill and Paddy Kenny.

twitter

Bradley James Orr
@Bradylicious94 You horrible disgusting man E H Diouf! Your time will come!

Clint
@angryhead28 That c**t will get what's coming to him.

pads01
@Pads01 That *** Diouf will get it one day, what goes around comes around.



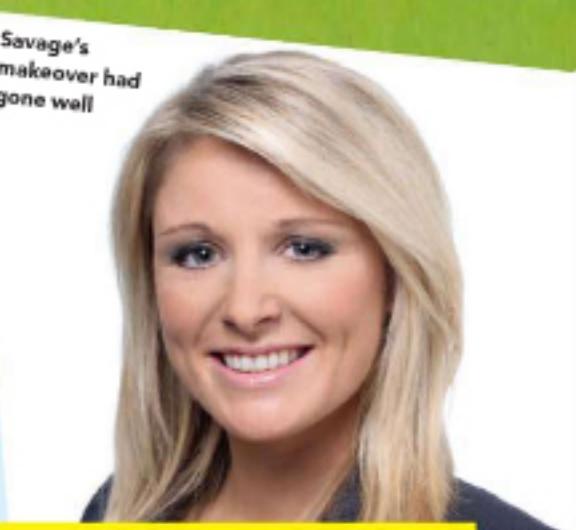
KEVIN DAVIES

Bolton hardman Davies looked a bit of a berk when he asked for some culinary advice via the world of Twitter. Why? 'Cos he didn't know how to cook a Pop Tart!



RORY MCILROY

Don't you hate getting the wrong end of the stick? Like when the Irish golf star mistook light-hearted banter between Robbie Savage and his mate Ian Poulter!



CHLOE EVERTON

No Twitter round-up would be complete without this classic from the Sky Sports cutie, which had her male fans in a tizz. Her bosses pulled her feed soon after!

twitter

Kevin Davies
@kevindaviesbwfc Cannot believe I have burnt another Pop Tart!! Says on the Pop Tart box to use lowest heat setting – who has a heat setting on a toaster!?? My toaster just has a timer!?

twitter

Rory McIlroy
@McIlroyRory Anyone seeing this banter between @ianJamesPoulter and @robbiesavage8 ??? Just have to say the latter is a TW*T!!

twitter

chloe everton
@chloeeverton Golf today, played with 3 guys, i came first, must have been down to good length.

twitter

kevinpp24
@kevinpp24 Done for rest of summer!! Man of the World Cup T20 and dropped from the T20 side too. It's a f**k up!

twitter

Kaka
@RealKaka A cowardly coach always substitutes a player to try to divert attention from his own powerlessness.

twitter

Tim Bresnan
@timbresnan Don't mind my mates dishing it out but who the f**k are you? Crawl out of your basement. U kn*b.



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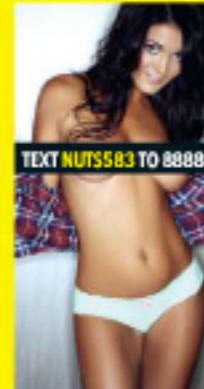
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Nuts

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Thanks to:
Tim Bradley (Acting Sports Editor); Rich Jenkins, Rich Pelley, Robert Hicks, Graham Wray, Frank Tennyson, Jonny Smith, Nick Watkins (words); Phil Slade (design); Ellis O'Brien, Alan McFaden (photography); Alastair MacQueen (production); Steve Redgwell (repr); Elish Fowen (work experience).
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Email: subscr@ipcmedia.com or NUTS subscriber, PO Box
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When you have finished with
this magazine please recycle it.

ONLY IN
Nuts!

NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com

Tatt's completely BONKERS!



Who says footy stars are daft? Newcastle's Nile Ranger got a "special" tattoo recently. According to his Twitter feed, "Tatts are harddd." Yeah, Nile, but a smiley face? Really?



+ Sporty Spam!
Hi, could I speak to Ricky Ponting please?
I'm afraid you've just missed him. He's just this second gone out to bat...
Ok, no problem. I'll hold...

CAMP SPORTSMAN!

Cross-dressing tennis is coming to Wimbledon! OK, only joking. Not that Frenchman Nicolas Mahut would mind, though. He thought it'd be a giggle to play a Hopman Cup mixed doubles match wearing a dress. The great big loon!



international MAN LOVE

We know American Football teams have a position called "tight end" but this is ridiculous! Here, New England Patriots' Eric Moore gets to grips with Green Bay Packers' Matt Flynn. If you're looking for the ball, you won't find it up there, mate!

SPORT ALIKES!



David Brent

Ricky Ponting, circa '96

active 2
easportsactive.co.uk Out now £54.99



ASSOU-EKOTTO SAYS: "EA SPORTS Active 2

Boxing is great for anaerobic fitness and stamina. Try throwing punches for three minutes and you'll see why boxers need to be so fit!"



RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

In association with **active2**

ONLY IN
Nuts!

STORY TIME!

MILLWALL NUTS!

"... And the handsome
prince fired the
manager"

"Yeah, grass...
You like that?"

"You know
this will end
up in Ring Of
Truth, right?"

SHRIEKER!

PITCH LOVER!

LET'S DANCE!

LET ONE GO!

"Yes, I'm Italian.
How did you guess?"

NECK IT!

TEVEZ: COLD!

MAD DELIA!

ANGRY MAN!

CUP IT!

FINGER IT!

SMELL THE HAND!

Oi, Nit! No!
"Have you had it placed?"

"OK, we've
covered his face
– the school visit
can come in now"



ASSOU-EKOTTO SAYS: "Get the most out of your EA SPORTS Active 2 work-out by increasing the resistance of the armbands. You've got to push out of your comfort zone to really get into shape!"



EA
activeTM
easportsactive.co.uk Out now £54.99

MAN-LOVE CORNER!

HOP ON!

"Don't let go.
Never let me go!"

HOT PINK!

"The shirt's a
giveaway, yes"

OOF! OW!

Goal-scoring on the go!

The top Facebook football game **Soccer Hero** is now available on the App Store



Put your goal-scoring skills to the test in this addictive high score chasing game.

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ONLY
59p

4 game modes to test your ball skills (Training, Quick Match, Tournament and Golden Boot Challenge)

Challenge your Facebook friends to take on your weekly high score

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www.mousebreaker.com/iphone



'QUOTE ME ON THAT!'

This week's biggest match debaters! In association with **EA active 2**

"They should rename Twitter 'Twatter'. Too many tweets make a tw*t"

Twitter's no tweet for Mick McCarthy.



"Rooney sent the keeper more than the wrong way" Is that actually possible, Terry Venables?

"I really enjoy watching Coronation Street. It's educational"

Roberto Mancini's been taking weird English lessons.

"We've been singing *Tie Me Kangaroo Down Sport* and waving a koala bear at him. He's probably desperate to get away"

Ollie taunts Aussie David Carney about the Ashes.



"Lambing has its attractions - I've delivered one"

Ashes hero Alastair Cook can handle all sorts of deliveries.



"A United room-mate once ate shaving foam while smiling at me"

Man United old boy Gerard Pique's close shave.

"They will not change Capello whatever happens. But if results don't go right, they'll have to change him"

Glenn Hoddle's in two minds.



'OO-ER SOUNDS A BIT RUDE' CORNER!

"I've played with some top players in the dressing room"

Paul Collingwood goes private.

"Albrighton reminds me of Gazza, the way he's always coming"

Paul Merson gets over-excited.

"It's very tight down there"

BBC pundit Lee Dixon gives us too much information.



active 2
easportsactive.co.uk Out now £54.99

BENOIT ASSOU-EKOTTO SAYS: "Why work out alone when you can get your mates or your missus involved? Try EA SPORTS Active 2's multiplayer and you and your friends can get fit together!"

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!

Nuts REAL GIRLS

BEDROOM BABE!

EMILY 26, Liverpool, production assistant
"I don't eat well at all, I just love brownies and KFC too much – but I definitely know how to burn off the calories!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



"My ideal man can cook – and match my sex drive!"



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gambleaware.co.uk

jackpotjoy.com

BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN
Nuts!



Jade

23, Lancs, safety officer
"A chat-up line I've had is, 'Do you work at Subway? Because you just gave me a foot-long!'"



Kelli

22, Walsall, marketing exec
"My eyes are my best feature and I know how to use them to get exactly what I want!"



Leanne

27, Brighton, barmaid
"For a great night, I'd go to his place and invite one of my girlfriends over for some fun!"



Shannon

21, Kent, office manager
"Giving a bloke a night to remember takes two things - champagne and a blindfold!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmmedia.com or write to Real Girls UK at the address on page 60. You must be at least 18 years old.

ONLY IN
Nuts!

THIS WEEK:
Name: Milly
Age: 22
Likes: "Men I can boss around!"
Boobs: 32C. "I like touching them!"
Ever kissed a girl? "Only to impress the boys!"
Strangest place you've had sex? "Legoland!"
Sex tip: "Be confident!"



Milly on...
her undies!

"I've got so many undies that I'm always struggling to find a matching set. I like buying new sets but I prefer other people to buy them for me!"

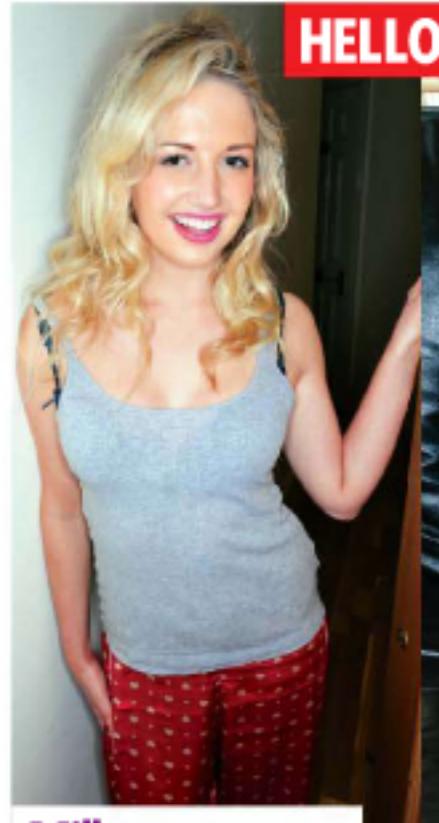


Milly on...
her boobs!

"I like to show off my 32C boobs as much as possible. I hate winter in Britain. I want to live in a hot country, then I won't have to wear so much!"

Milly's guide to Finsbury Park

The Nuts bus finds a hottie in London!



HELLO!



Milly on...
London!

"London's fantastic. There are lots of amazing new people to meet, restaurants to eat at and shops to visit. I wouldn't want to live anywhere else!"



Milly on...
her home!

"I live in North London. It's great because there's so much to do and naughtiness to be had! I don't like clubs, though – I prefer nice restaurants!"

PHOTO: ELLIE O'BRIEN



Milly on...
sleeping late!

"I always get up really late. I'm very lazy, so when I do get up, I try to stumble off to the gym. I'm a big cuddler in bed but, sometimes, I end up kicking!"

"I like to show off my 32C boobs!"



Milly on...
eating healthy!

"I'm a healthy eater. I love fruit and I love going out to nice sushi places. I also do yoga to keep fit but I have a weakness for chocolate and crisps!"



Milly on...
getting ready!

"It takes me about ten minutes to get ready for a night out! I'm not one of those girls who takes ages getting ready. I'm too busy!"

Nuts Poker School

This week: Get started with online poker

1. Why PKR?

Some people might find playing online poker for real money a bit daunting, but on PKR, it's now easier, faster and safer than ever. You don't have to break the bank either – the minimum deposit's just \$10 (about £6). Plus you get the added bonus of being able to play in the exclusive online Nuts Poker Room!

2. Talk money!

The most important rule is to only play with what you can afford to lose. If you're just moving up from the play-money tables, or you're completely new to the game, a good figure to start with would be \$20 (£13). This amount should provide plenty of value for money, and it shouldn't break you if you lose it.

3. Want free cash?

Yeah! As a new member to PKR, you'll be eligible for a 100 per cent matched bonus. For example, if you deposit \$20, you'll receive \$20 free from PKR when you play enough games to clear the bonus. A few hours' play a week should be enough to do that easily. To claim your cash, use the bonus code 'thenuts' when prompted as you make your first deposit.

Don't hang around! Check out www.pkr.com/nuts and register today!

OVER-18S ONLY. WWW.GAMBLEAWARE.CO.UK

Thinking of losing your online poker virginity? We asked the newest member of Team PKR Pro, Scott Shelley, to give us his expert advice on how to get

4. What to play

Start out by playing single table Sit & Go's. These start at a buy-in of just \$0.10 and \$0.02, so your \$20 will mean you get hundreds of games.

5. Multi-table

Multi-table tournaments (MTTs) are popular, as they offer the chance of winning big sums for little outlay. Keep to the small MTTs to start with, though, and only play with five per cent of your entire bankroll at any one time, which means starting on the \$1 MTTs and below.

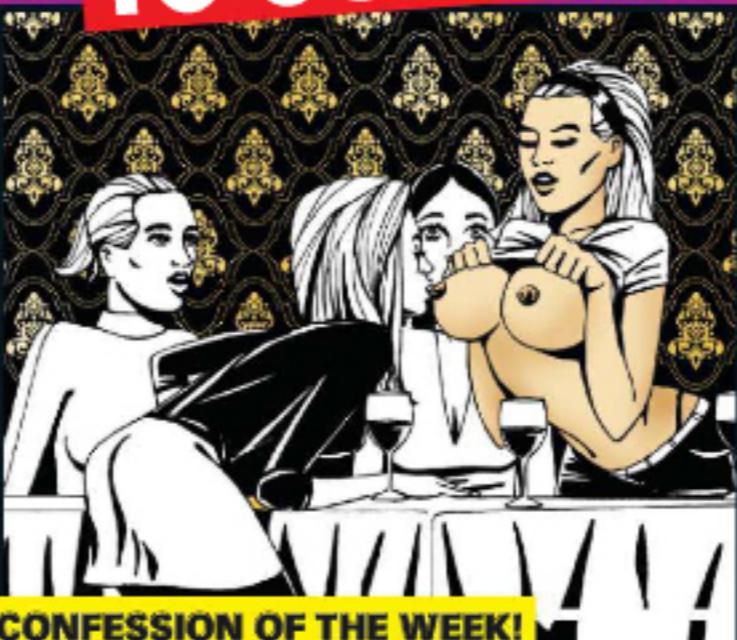


LADIES CONFESS! TO OUR SECRETARY!

100% REAL STORIES!



IT'S LOU!



CONFESSİON OF THE WEEK!

'The whole room went silent'

Our hockey team's annual outing to a local restaurant is always a wild affair, and this year's was no different – by the end of the night, some of my team-mates were getting it on with each other. Then, after dessert had been cleared away and the staff had left us to it, our captain announced we'd be playing a game of truth or dare. It landed on me and the girl opposite, who was really sexy, so when they all egged us on to kiss, I didn't mind. We were only meant to do tongues for a second or two, but it all got a bit intense and we didn't pull away. Knowing that everyone was watching really turned me on and soon I was really horny. She let out a moan and lifted up her top to reveal her gorgeous boobs, and I kissed her nipples. Suddenly, we were aware that the room had gone silent, so we stopped and looked at all the faces grinning at us in disbelief. Thankfully, they then cracked up laughing and everyone gave out a big cheer!

Rosie, Norfolk

'Shopping trip got me so hot'

My boyfriend and I recently spent the day shopping in London and all I could think

about was touching him. It became so frustrating that when we made our way to the underground, I stood very close to him and let him know I was feeling really horny by placing his hand on my boob. We had

about seven shopping bags with us so when we got on the train, I made sure he had a few on his lap and slowly reached under the bags to give him a gentle stroke. At first, I thought we were discreet, but soon noticed a few guys winking at him and some ladies giving me a dodgy look, too. I didn't really care and it felt like he didn't mind either – so I just kept on going!

Debbie, Birmingham

'I bent down to unzip him'

I was doing the late shift at work and was really bored, so took a walk around the office. To my surprise, I wasn't alone, as one of the office hunks I fancied was also working late. I decided to do a bit of harmless flirting with him to kill time. It was great fun and we soon started to get really intimate and steamy, but our fun came to a sudden halt as the cleaner walked into the room. I went back to work, thinking my chance to get it on with this guy was over and when my shift ended, I got ready to leave and made my way to the lift, feeling disappointed. Luckily, it turned out the hunk was finishing at the same time! As the lift doors closed, we instantly picked up where we'd left off. In no time at all, our hands were caressing each other, and I could see his enormous package bulging out of his tight trousers. So crouching down in my high heels, I unzipped him and took

him in my mouth. Within no time at all, he came, leaving us both feeling totally satisfied!

Steffie, Croydon

I made full use of the balcony'

My best friend recently got a special deal to the Canary Islands in this amazing hotel overlooking the sea and invited me along. One evening, while she was out, I was sitting on the balcony, enjoying a glass of wine, when I found myself getting really horny. There were hundreds of people below me enjoying an evening stroll on the beach, but I couldn't resist the urge to put my fingers down my skimpy shorts to pleasure myself. It felt so naughty to look at the sunset and all these other people strolling around, so I did it as slowly as possible to make the feeling last as long as I could. It must have been about an hour before I finally exploded with a long, satisfying groan. I'll definitely be going back there as soon as possible!

Mia, Surrey

Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 60. The best one each week* wins £50! Come on, girls!

Nuts FASHION

Wrap up warm with this ace selection of woolly numbers!

10 Winter
Scarves



RIP CURL £23

A good thickness for all wintry conditions.

ANIMAL £25

It's brown. It's striped. It's a great all-rounder.

LYLE & SCOTT £45

Blow the budget on this neck-warmer.

LUKE £30

A great scarf for formal accessories.

ASOS £15

This super-thick scarf will keep the chill out.

PENFIELD £35
Penfield simplicity at its best.

TWO STONED £30
An old-school style. We love it.

BENCH £20
This would be great with a nice wool coat.

BENCH £20

This would be great with a nice wool coat.

LYNX DRY
AFRICA ANTI-PERSPIRANT STICK £2

Promises 24-hour anti-perspirant protection.
Stockist: nationwide

SURE
MAXIMUM PROTECTION CREAM MEN £5

This cream formulation protects for up to a whopping 48 hours!
Stockist: nationwide

GILLETTE
PROFESSIONAL POWER ANTI-PERSPIRANT DEODORANT £3

This one promises triple protection from sweat and odour. It delivers.

Stockist: nationwide

CLINIQUE SKIN SUPPLIES FOR MEN ROLL-ON ANTI PERSPIRANT DEODORANT £11

Fragrance-free, this is a roll-on alternative.
Stockist: boots.com

5 ANTI-PERSPIRANT STICKS

DOVE MEN CARE ANTI-IRRITATION STICK £3

Alcohol-free, this stuff smells like baby powder. Nice.

Stockist: nationwide

LYNX DRY
AFRICA ANTI-PERSPIRANT STICK £2

Promises 24-hour anti-perspirant protection.
Stockist: nationwide

SURE
MAXIMUM PROTECTION CREAM MEN £5

This cream formulation protects for up to a whopping 48 hours!
Stockist: nationwide

GILLETTE
PROFESSIONAL POWER ANTI-PERSPIRANT DEODORANT £3

This one promises triple protection from sweat and odour. It delivers.

Stockist: nationwide

CLINIQUE SKIN SUPPLIES FOR MEN ROLL-ON ANTI PERSPIRANT DEODORANT £11

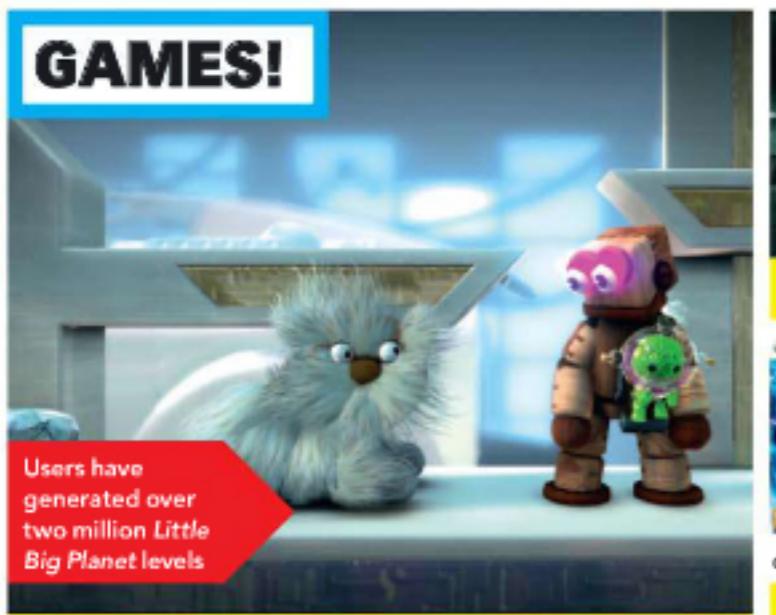
Fragrance-free, this is a roll-on alternative.
Stockist: boots.com

Nuts REVIEWS

All the latest action-packed releases

Ratings: ★★★★ Genius ★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

GAMES!

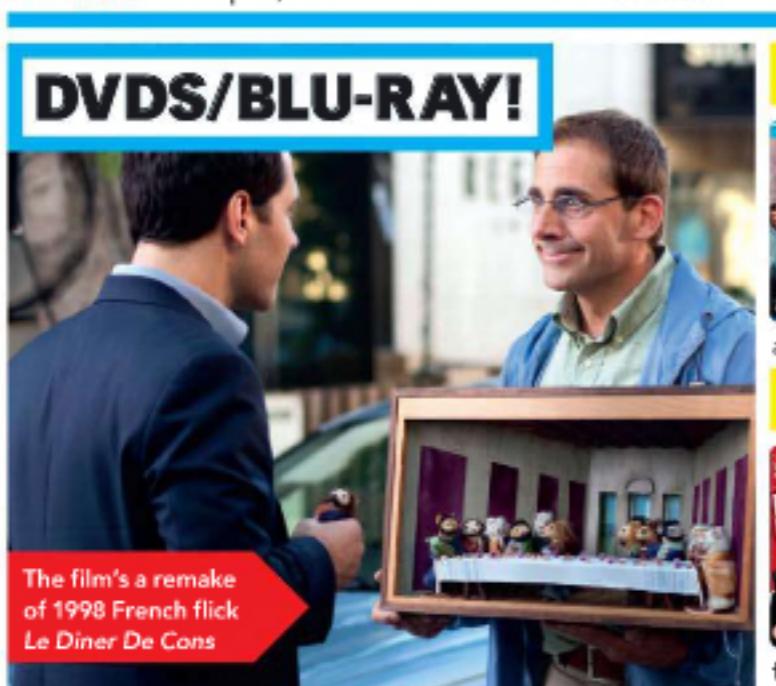


Users have generated over two million Little Big Planet levels

LITTLE BIG PLANET 2

PLAYSTATION 3

A gaming pinnacle for platform fans, this sees you playing gleefully inventive levels plucked from the minds of the developers, then creating levels all by yourself. Both aspects are ramped up, with single player more focused and enjoyable, and the level editor now far more accessible and logical. Grinny fun in abundance. ★★★★



The film's a remake of 1998 French flick *Le Diner De Cons*

DINNER FOR SCHMUCKS

CERT 12 DVD

The ever-excellent Paul Rudd plays a bloke looking for a big promotion at work. Rudd finds himself in a pickle when he discovers his boss' upcoming



MINDJACK
PC, XBOX 360

Third-person shooter where you can control passing characters by "jacking" into their minds – let down by the general feeling of been-there-before-ness. ★★★

ECHOCHROME II
PLAYSTATION NETWORK

Fiendish puzzler where you move the environment (platforms and steps) through 360 degrees to help your man escape. Active shadows add to the fun, and it's Move compatible. ★★★★

THORNE
CERT 15 DVD & BLU-RAY

Sky1's dark crime drama comes to DVD as DI Thorne (David Morrissey) pursues some evil killers in two three-parters, Scaredy Cat and Sleepyhead. ★★★★

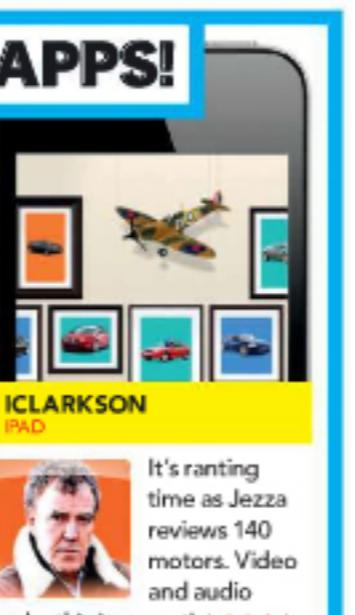
DERREN BROWN: ENIGMA
LIVE CERT 15 DVD

The brain-boggler's up to his old tricks in this 2009 show, where, among other things, he attempts to put the audience into a trance. The finale will truly amaze you! ★★★★

GROWN UPS
CERT 12 DVD & BLU-RAY

Another average Adam Sandler flick following five childhood pals who reunite to attend the funeral of their youth basketball coach. Quite funny. Quite! ★★★

APPS!



ICLARKSON
IPAD

It's ranting time as Jezza reviews 140 motors. Video and audio make this a must! ★★★★

ROCK N ROLL FOOTBALL
LIVE SCORES
PHONE, iTOUCH

Scores, text commentary, a live league table and radio commentary by Absolute Radio. ★★★★

MUSIC!



VARIOUS ARTISTS
10 YEARS OF ANJUNABEATS

Class double-disc mixed by Above & Beyond, looking back at a decade of dance put out by Anjunabeats. We look forward to the next ten years! ★★★★

WHITE LIES
RITUAL

More from the moody rockers, and that's no bad thing at all. *Bigger Than Us* sets the tone for a pounding album of anthems. It's perfect for a drizzly January! ★★★

MOVIES!



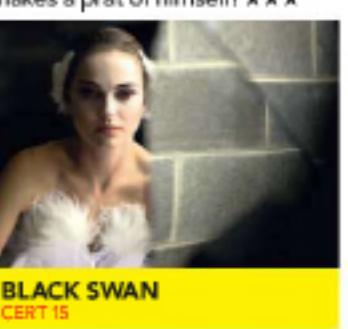
All the lads are first-time actors and worked without a script

NEDS
CERT 15

This ace teenage gang drama set in '70s Glasgow follows two tribes of Non-Educated Delinquents (or Neds). It's a mental rites-of-passage tale seen through the eyes of a young lad growing up in the shadow of his mad dad and bad-boy brother. When young John ditches his studies to be become a top boy, the fists, bottles and bricks start flying. It's a tartan-flavoured *This Is England* as newcomer Conor McCarron kicks ass! ★★★★



Vince Vaughn discovers his best mate's wife is having an affair. Cue the gags as the Dodgeball star makes a prat of himself! ★★★



Intense psycho-thriller set in the world of ballet. Don't be put off, it's scary! And Natalie Portman and Mila Kunis snog! ★★★★

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Nuts TV

Your weekly pick of the best stuff on the telly!

Nuts!
7-DAY TV
LISTINGS
GUIDE!



SUNDAY

Brand-new series!

Being Human BBC3, 9pm

"And how do you spell Wright-Phillips, son?"

MONDAY

Drugs and violence!

Layer Cake Channel 5, 9pm

"Everybody, wave!"

Greetings from AFRICA

TUESDAY

Cartoon comedy!

The Cleveland Show E4, 10pm

SUNDAY

The boys are back!

Top Gear BBC2, 8pm

FRIDAY 21 JANUARY



Green Zone

FILM Sky Movies Premiere/HD, 8pm
The Bourne team of Matt Damon and director Paul Greengrass reunite for a slightly more sober movie based on US military procedure in Iraq in 2003. ★★★



Comedy Rocks With Jason Manford

COMEDY ITV1, 9pm
Top stand-up with Jenny Eclair, Alistair McGowan and Daniel Sloss among the guests. Cool! ★★★



True Blood

DRAMA FX/HD, 10pm
Vamp king Russell needs Bill's help to become all-powerful, hot vamp Jessica seeks advice from equally hot vamp Pam and Tara gets with Franklyn. That's not going to end well, Tара. ★★★★

BBC ONE

6.00am Booklist 9.15 Wanted Down Under 10.00 Homes Under the Hammer 11.00 Saints and Sinners 11.45 Cash in the Attic [R] 12.15pm Bargain Hunt [R] 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Diddens 2.15 Land Girls 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Walkers Link [R] 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 9.15 Ready Steady Cook [R] 12.00 noon Daily Politics 12.30pm GMT with George Alagiah 1.00 **Bowls: The World's Major Championships** [quarantine] 2.00 **May the Best House Win** 3.00 **Is It Better to Buy or Rent?** 4.30 **Perfection** 5.15 **Antiques Road Trip** 6.00 **Eggheads** 6.30 **Great British Railway Journeys**

ITV 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm **Loose Women** 1.30 ITV News 1.55 Regional News, Weather 2.00 **May the Best House Win** 3.00 **Is It Better to Buy or Rent?** 4.00 **Midsummer Murders** [R] 5.00 **The Chase** 6.00 Regional News, Weather 6.30 ITV News

4

7.55pm **Frasier** [R] 8.25 **According to Jim** [R] 8.55 **Will & Grace** [USA] 9.55 **Desperate Housewives** [R] 10.50 **Will It Crash Diet Kill Me?** [R] 11.55 **Jamie's Fish Supper** [R] 12.00noon **News** 12.05pm **Jamie's Fish Supper** [R] 12.40 **Jamie at Home** [R] 1.05 **Heaven Knows, Mr Allison** 3.10 **Countdown** 3.55 **Deal or No Deal** 4.00 **Come Dine with Me** 5.30 **Jamie's 30 Minute Meals** 6.00 **The Simpsons** [R] 6.30 **Holyrocks**

5

6.00am **Milestone** 9.15 **The Wright Stuff** 11.00 **The Vanessa Show** 11.45 **CSI: Crime Scene Investigation** [R] 12.40pm **Five News** 12.45 **The Business Inspector** [R] 1.45 **Neighbours** 2.15 **Home and Away** 2.50 **The Family Recipe** [R] 2.55 **Animal Rescue Squad** [R] 3.10 **Acceptance** 3.30 **Coronation Street** 4.00 **Five News at 5**, **Weather** 5.30 **Neighbours** [R] 6.00 **Home and Away** [R] 6.25 **Live from Studio Five**

sky 1

7pm **The Simpsons** Ned buys **The Simpsons** home when they're unable to pay their mortgage. [R] [HD] 7.30 **The Simpsons** Ned accepts invitation to join a Mexican coven. [R] 8.00 **Futurama** A planet-sized monster invades the universe. [R]

8.30 Futurama
Bender is inducted into the League of Bats. Cool! [R]

9.00 A League of Their Own: Unseen
Outtakes and unseen footage from the aka, sports-based comedy quiz. [R] [ID]

10.00 Got to Dance
Davina McCall presents as dancers perform in front of a judging panel. **Awful** [R] [HD]

11.00 Got to Dance
See above. [R] [HD]

12.00m's Road Wars
Simon and Conrad get a surprise in Reading. [R] [HD]

FRIDAY'S SPORT

6am Australia vs England, Sky Sports 1. 12.25pm South Africa vs India, Sky Sports 2. 1pm Bowl, BBC2. 7.30pm European Cup Rugby Union, Racing Metro vs Leinster, Sky Sports 1. 7.30pm Bundesliga, Hamburg SV vs Eintracht Frankfurt, ESPN. 12.55am New Zealand vs Pakistan, Sky Sports 1. 1.30am Basketball, Denver Nuggets vs LA Lakers, ESPN.

1.10 Music on 4. 1.25 **My Name Is Earl** [R] 2.15 **King of the Hill** 2.35 **Comedy Lab** [R] 3.05 **Motor Sport** 4.40 **Breathes & Sighs** [R] 5.25-6.10pm **Countdown** [R]

1

1.30am **Sign Zone**: James May's Man Lab [R] 2.30 **Horizon: Asteroids - The Good, the Bad and the Ugly** [R] 3.30 **Filthy Rotten Scoundrels** [R] 4.15-6am BBC News

2

4.40 **Pieces of April**: Comedy drama starring Katie Holmes. 4.00-5.30am **ITV Nightshift**

3

1.10 **Music on 4**. 1.25 **My Name Is Earl** [R] 2.15 **King of the Hill** 2.35 **Comedy Lab** [R] 3.05 **Motor Sport** 4.40 **Breathes & Sighs** [R] 5.25-6.10pm **Countdown** [R]

12.15am **SuperCasino**

2.55 **Motor Sport** 3.05 **Music on 4**. 4.20 **The Business Inspector** [R] 5.10 **Wildlife SOS** [R] 5.35 **Game House Doctor** [R]



Aston Villa vs Man City

ESPN, 4.45pm

SPORT Villa, struggling for any kind of form, host a team with title aspirations – and horrible strikers! ★★★★



British Comedy Awards

Channel 4, 9pm

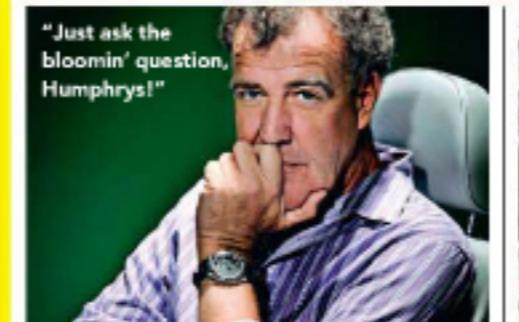
COMEDY The nation's funny people gather to slap each other on the back. Hosted by Jonathan Ross. ★★★



CSI: NY

Channel 5, 9.40pm

DRAMA A couple are attacked and the injured woman tells the cops her son was the assailant. Then things take a super-weird turn when a drug dealer confesses to the attack. Eh? ★★★



Top Gear

BBC2, 8pm

CARS The trio are back for a new series of the motoring mag, beginning with Jezza taking the Skoda Yeti for a spin, and John Bishop turning up as the Star in a Reasonably Priced Car! Brilliant! ★★★★



Being Human

BBC3, 9pm

DRAMA The housemates with a difference are back! Annie, a ghost, is stuck in purgatory while George, his werewolf lady-love Nina and vampire Mitchell move to Barry in Wales for a new start. ★★★★



True Romance

Channel 5, 10.55pm

FILM Brilliant thriller about two young lovers (Patricia Arquette and Christian Slater) hitting the road with a suitcase full of Mob cocaine. Whip-smart and hilarious. ★★★★



TODAY'S MUST-SEE TV PICKS!

6AM	BBB ONE	BBB TWO
	6.00am Breakfast 10.00 Saturday Kitchen Live 11.30 Baking Mad 12.00noon BBC News, Regional News, Weather 12.15pm Football Focus 1.00 SPORT Australian Open Tennis 2.30 TV Bowls: Old men isn't it? 4.30 SPORT Final Score: Round-up of results. 5.10 BBC News, Regional News, Weather 5.30 Hold in the Wall 6.00 All New Total Wipeout	6.00am CBeebies 7.00 CBBC 12.00noon Murder, She Wrote (R) 12.45pm ITV The Mistletoe Adventure starring Astro Chambers. 2.20 ITV The Kit: Fantasy starring Bruce Willis and Spencer Breslin. 4.00 ITV It! 4.45 Escape to the Country (R) 5.45 The Bear Family and Me (R) 6.45 Dad's Army (R) 6.50 ITV Final Score: Round-up of results. 5.10 BBC News, Regional News, Weather 6.15 ITV News 6.30 Harry Hill's Best of TV Bump

itv 1
5.30am ITV News 6.00 ITV Feesports on 4 (R) 7.25 ITV Academy Morning: Saturday 12.45pm Monk (R) 1.40 ITV News, Weather 1.45 ITV Friends (R) 9.20 ITV Olly Murs' Hit List 10.25 ITV Glee 11.25 ITV Album Chart Show Intro (R) 12.20pm ITV Emergency Doctors (R) 1.20 ITV Logan's Run: So it's adventure starring Michael York and Jenny Agutter 3.35 ITV Chisum: Western starring John Wayne. 5.30 ITV News 5.55 ITV No. 1: Police thriller starring John Wayne. 6.50 ITV 4thought.tv 6.55 ITV Night at the Museum: Fantasy adventure.

4	5	sky 1
6.10am ITV News 7.00 ITV 9.00 ITV Feesports on 4 (R) 7.25 ITV Academy Morning: Saturday 12.45pm Monk (R) 1.40 ITV News, Weather 1.45 ITV Friends (R) 9.20 ITV Olly Murs' Hit List 10.25 ITV Glee 11.25 ITV The Album Chart Show Intro (R) 12.20pm ITV Emergency Doctors (R) 1.20 ITV Logan's Run: So it's adventure starring Michael York and Jenny Agutter 3.35 ITV Chisum: Western starring John Wayne. 5.30 ITV News 5.55 ITV No. 1: Police thriller starring John Wayne. 6.50 ITV 4thought.tv 6.55 ITV Night at the Museum: Fantasy adventure.	6.00am Milkshake! 10.00 Animal Rescue Squad (R) 10.20 ITV Jurassic Park: The True Story (R) 11.20 ITV Secrets of the Blitz: Revealed (R) 12.20pm ITV Emergency Doctors (R) 1.20 ITV Logan's Run: So it's adventure starring Michael York and Jenny Agutter 3.35 ITV Chisum: Western starring John Wayne. 5.30 ITV News 5.55 ITV No. 1: Police thriller starring John Wayne. 6.50 ITV 4thought.tv 6.55 ITV Night at the Museum: Fantasy adventure.	7pm ITV The Simpsons Homer falls out with Marge over an old letter. (R) 7.30 ITV The Simpsons The family spread Christmas over a ranch. (R) 8.00 ITV Futurama A planet-sized master invades the universe. (R) 8.30 ITV Futurama Bender is inducted into the League of Robots. (R) 9.00 ITV Dude, Where's My Car? I'm your boy! It's a pair of dopey young blokes who've lost their car after a wild night out – and find themselves in a bizarrely complicated situation than their drug-addled brains can handle. (R) 10.40 ITV Road Wars (R) 11.40 ITV Road Wars Simon and Conrad chase a dangerous driver. (R) (H) 12.40am ITV Martina Cole: Girls in Gangs London (R)

6AM	BBB ONE	BBB TWO	
	6.00am Booklist 7.35 ITV Match of the Day (R) 9.00 ITV The Andrew Marr Show 10.00 ITV The Big Questions 11.00 ITV Country Tracks 12.00noon ITV The Politics Show 1pm ITV Bargain Hunt (R) 1.30 ITV Escape to the Country (R) 2.30 ITV EastEnders 4.25 ITV My Family (R) 4.45 ITV Songs of Praise 5.30 ITV News, Regional News, Weather 6.00 ITV Antiques Roadshow	6.00am ITV News 6.00 ITV 9.25 Match of the Day (R) 9.00 ITV The Andrew Marr Show 10.00 ITV The Big Questions 11.00 ITV Country Tracks 12.00noon ITV The Politics Show 1pm ITV Bargain Hunt (R) 1.30 ITV Escape to the Country (R) 2.30 ITV EastEnders 4.25 ITV My Family (R) 4.45 ITV Songs of Praise 5.30 ITV News, Regional News, Weather 6.00 ITV Antiques Roadshow	6.10am ITV The Heels (R) 6.35 ITV Match of the Day (R) 7.30 ITV The Andrew Marr Show 10.00 ITV The Big Questions 11.00 ITV Country Tracks 12.00noon ITV The Politics Show 1pm ITV Bargain Hunt (R) 1.30 ITV Escape to the Country (R) 2.30 ITV EastEnders 4.25 ITV My Family (R) 4.45 ITV Songs of Praise 5.30 ITV News, Regional News, Weather 6.00 ITV Antiques Roadshow

7PM	ITV 1	4	sky 1	
	7.00 ITV Countryfile Do youself a favour and file this under 'No, thanks'.	7.00 ITV The Funny Side of Live TV Clive Anderson looks at the history of live TV when things go wrong. (R) 7.30 ITV Lark Rise to Candleford Thomas is organising the church bazaar – but when the vicar falls ill... stop reading! You can't watch this!	7.30 ITV News	8.00 ITV Ice Road Truckers Use aims to earn the male drivers' respect as she hauls a tricity carrier. Good luck, lady! (R)

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7PM	ITV 1	4	sky 1

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Bolton vs Chelsea

SPORT Sky Sports 1/HD, 7pm

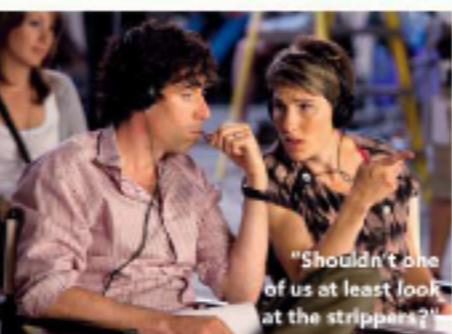
We could be unkind and bill this as a key fixture in the battle for fifth but we suspect the Blues might not be quite finished in the title shake-up yet! ★★★★



Layer Cake

Channel 5, 9pm

FILM Matthew Vaughn's directorial debut stars Daniel Craig as a drug dealer who has to do one last big deal before he retires. Typically, things don't go don't plan in this ace gangster flick. ★★★★



Episodes

BBC2, 10pm

COMEDY More from the comedy starring Matt LeBlanc as himself. Sean and Matt bond during a trip to Las Vegas, but Sean's wife Beverly still hates Matt, the star of the show. ★★★

6AM

BBB one

6.00am Breakfast 9.15 Wanted Down Under 10.00 Homes Under the Hammer (R) 11.00 Saints and Strangers 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Breakfast Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBB TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Ready Steady Cook (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South: Comedyrama, (R) 1.45 Climbing Great Buildings (R) 2.15 Instant Restaurant (R) 3.00 To Buy or Not to Buy 3.45 Flag It! 4.30 Perfection 5.15 Antiques Road Trip 6.00 Eggheads 6.30 Great British Railway Journeys

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 May the Best House Win 3.00 Dickinson's Real Deal: Junk Hunting 4.00 Millionaire Makers (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

4

6.10pm The Hoobs 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 7.55 Fritter (R) 8.25 According to Jim (R) 9.00 Wife Swap USA (R) 9.55 Desperate Housewives (R) 10.55 Relocation: Phil Down Under (R) 12.00noon News 12.05pm These Is a Bad (R) 12.35 2.50 The Family Recipe (R) 2.55 Animal Rescue Squad (R) 3.10 4.00 Millionaire Makers: Crime drama 4.30 The Chase 6.00 Regional News, Weather 6.30 ITV News

CHANNEL 5

6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 It's a Knockout 1.00 Desperate Housewives (R) 1.45 Climbing Great Buildings (R) 2.15 Instant Restaurant (R) 3.00 To Buy or Not to Buy 3.45 Flag It! 4.30 Perfection: Gener of knowledge quiz 5.15 Antiques Road Trip 6.00 Eggheads 6.30 Great British Railway Journeys

sky 1

7pm The Simpsons While on an archaeological dig with school, Lisa uncovers an unusual fossil (R) (HD) 7.30 The Simpsons Bart plays his parents against each other (R) (HD) 8.00 Road Wars Cops catch crime (R) 9.00 Dream Lives for Sale A couple of loggerheads over ideas for a potential business in France. (R) (HD) 10.00 Mental Jackie tries to help an eight-year-old bipolar boy. (HD) 11.00 Inside: The Prison Code The work of wardens in a California slammer. (R) 12.00pm Road Wars Police officers in Reading engage in a high-speed pursuit of a stolen vehicle. (R) (HD)

6AM

BBB one

6.00am Breakfast 9.15 Wanted Down Under 10.00 Homes Under the Hammer (R) 11.00 Saints and Strangers 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Instant Restaurant (R) 3.00 To Buy or Not to Buy 3.45 Flag It! 4.30 Perfection: Gener of knowledge quiz 5.15 Antiques Road Trip 6.00 Eggheads 6.30 Great British Railway Journeys

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4

6.10pm The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.00 Wife Swap USA (R) 9.00 Wife Swap (R) 9.55 Desperate Housewives (R) 10.55 A Place in the Sun: Home or Away (R) 12.00noon News 12.05pm These Is a Bad (R) 12.35 2.50 Neighbours 3.10 Countdown 3.55 Deal or No Deal 5.00 Come Dine with Me 5.30 Jamie's 30 Minute Meals 6.00 The Simpsons (R) 6.30 Hollyoaks

CHANNEL 5

6pm Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 Roy and Paddy's Even Greater British Adventure (R) 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Minutes (R) 3.00 4.00 Millionaire Makers: Melodrama 5.00 Five News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

sky 1

7pm The Simpsons Marge is employed as an estate agent. (R) 7.30 The Simpsons Marge plans a protest when a violent martial art captivates the man of Springfield. (R) 8.00 Got to Dance More boozily shaking. (R) (HD) 9.00 Got to Dance See above. (R) (HD)

7PM

BBB one

7.00 The One Show Topical chin-wagging.

7.30 Inside Out

8.00 EastEnders

More Square-based shenanigans.

8.30 Stop Stalking Me: Panorama

Discuss about how the UK legal system sometimes fails to deal with fatal attraction types.

9.00 Silent Witness

Harry travels to Budapest.

10.00 News, Weather

10.35 A Question of Sport

With oldie footballer Kevin Phillips.

11.05 Late Kick Off

Football: A round-up of the weekend's Football League action. Cool!

11.35 The Graham Norton Show

The documentary returns. In other words, pass the remote. Quick! (R)

12.40am BBC News

MONDAY'S SPORT

6pm Tennis: Australian Open, Sky Sports 2, 7pm **ITV** 8pm

Bolton vs. Chelsea, Sky Sports 1.

12am Basketball: Pittsburgh vs. New Orleans, ESPN 2am

Basketball: Korea State Wildcats vs. Baylor Bears, ESPN.

11.20am The Joy of Teen Sex

Young people visit a walk-in clinic for sex advice. (R)

12.10am Premier League Poker

Adidas from the competition in Maidstone.

12.30pm The Zone

12.55pm SuperCasino

TUESDAY'S SPORT

7pm Badpool vs. Man United, ESPN 7.30pm **CBBC**

Bolton vs. Chelsea, Sky Sports 1.

12.30pm Basketball: Pittsburgh vs. New Orleans, ESPN 2am

Basketball: Korea State Wildcats vs. Baylor Bears, ESPN.

1.10am See Hear (R) 1.45 Alan Titchmarsh's Garden Secrets (R)

2.45pm **ITV** 3.00pm Scoundrels (R)

3.30-6.00am BBC News

1.10am See Hear (R) 1.45 Alan Titchmarsh's Garden Secrets (R)

2.45pm **ITV** 3.00pm Scoundrels (R)

3.30-6.00am BBC News

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3.30-6.00am BBC News

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National TV Awards

ITV1, 7.30pm

AWARDS Dermot O'Leary hosts this celebration of last year's ace British telly. But wait? *The Inbetweeners* only up for one award? Madness! ★★★★



Sons Of Anarchy

DRAMA Five USA, 10pm

After Gemma's brutal attack in last week's episode, she gets Tara and Unser to help cover for her injuries. But the biker gang will avenge her, right? ★★★★



Birmingham City vs West Ham

Sky Sports 1/HD, 7.30pm

The Hammers take a 2-1 lead to St Andrews. We reckon Brum'll win by a nose. ★★★★

6AM	BBB ONE	BBB TWO	ITV 1	4	5	SKY 1
	6.00am Breakfast 9.15 Wanted Down Under 10.00 Homes Under the Hammer [R] 11.00 Saints and Strangers 11.45 Cash in the Attic [R] 12.15pm Bargain Hunt [R] 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Walkers Link 6.00 BBC News, Weather 6.30 Regional News, Programmes, Weather	6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 1.00pm See Hear 1.30 Car Booty [R] 2.15 Instant Restaurant [R] 3.00 To Buy or Not to Buy 3.45 Flag ITV News 1.55 Regional News, Weather 2.00 May the Best House Win 3.00 Dickins' Real Deal 4.00 Midweek Murders [R] 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News	5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 9.55 Desperate Housewives [R] 10.55 Country House Rescue [R] 12.00noon Channel 4 News Summary 12.05pm Tree in a Bed [R] 12.35 River Cottage Bites [R] 12.40pm McLeabod 3.10 Countdown 3.35 Deal or No Deal 5.00 Come Dine Me 5.30 5.00 Five News at 5, Weather 5.30 Jamie's 30 Minute Meals 6.00 Neighbours [R] 6.00 Home and Away [R] 6.25 Live from Studio Five	6.00am Everybody Loves Raymond [R] 7.55 Freshers [R] 8.25 According to Jim [R] 8.55 Wife Swap USA [R] 9.55 Desperate Housewives [R] 10.55 Country House Rescue [R] 12.00noon Channel 4 News Summary 12.05pm Tree in a Bed [R] 12.35 River Cottage Bites [R] 12.40pm McLeabod 3.10 Countdown 3.35 Deal or No Deal 5.00 Come Dine Me 5.30 5.00 Five News at 5, Weather 5.30 Jamie's 30 Minute Meals 6.00 Neighbours [R] 6.00 Home and Away [R] 6.25 Live from Studio Five	6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 CSI: Crime Scene Investigation [R] 12.40pm Five News 12.45 Rory and Paddy's Even Greater British Adventure [R] 1.45 Neighbours 2.15 Home and Away 2.50 Animal Rescue Squad [R] 3.05 While My Pretty One Sleeps: Tractor starring Connie Sellecca 5.00 Five News at 5, Weather 5.30 Jamie's 30 Minute Meals 6.00 Neighbours [R] 6.00 Home and Away [R] 6.25 Live from Studio Five	7pm The Simpsons Lisa fears she is destined to be stupid. [R]

7PM	BBB ONE	BBB TWO	ITV 1	4	5	SKY 1
	7.00 The One Show Topical talking.	7.00 Top Gear Jeremy Clarkson subjects the Skoda Yeti to a thorough examination. Sounds bizarre, if you ask us. [R]	7.00 Emmerdale Faye is annoyed when Jim takes charity to a business meeting. We're just annoyed. With this.	7.00 News	7.00 Five News at 7	7.00 Louie Spence's Showbusiness
	7.30 Rip Off Britain Britain, eh? Cacking tatty, great pub... flipping expensive. [R]	8.00 Michel Roux's Service Poshness.	7.55 4thought.tv Stuff about sex education.	7.30 Monkey Life Yet Michael is a designer jacket for Captain Bruce. It must have been invited to a very posh party.	10.00 Lie to Me Lie detecting drama. Internal Affairs try to persuade Cal to incriminate a colleague. [R] [HD]	10.00 Lie to Me
	8.00 DIY SOS: The Big Build - Chippingham The team build an extension for a brain-injured man.	9.00 Posh and Posher: Why Public School Boys Rule Britain Andrew Neil examines the academic origins of politicians. Zzzzzzz.	8.00 Will My Crash Diet Kill Me? Maybe, maybe not.	8.00 Cowboy Builders Man handbook from the building equivalents of Homer Simpson.	11.00 Ross Kemp on Gangs The adman meets teenage gang members in Liverpool. [R]	11.00 Ross Kemp on Gangs
	9.00 Crimewatch A reconstruction of the murder of Joanna Yeates, from Bristol.	10.00 Have I Got Old News for You Satirical quizzer. [R]	10.00 ITV News, Weather	9.00 NCIS The team investigate the death of a Marine off the coast of Tanzania.	12.00m't Road Wars A carful of causes chaos in Taunay. [R] [HD]	12.00m't Road Wars
	10.00 News, Weather	10.35 The Secret Caribbean with Trevor McDonald The broadcaster travels across the Caribbean. Luckymon. [R]	10.35 The National Television Awards 2011 [MUST SEE] The biggest names on the small screen gather at the O2 for the back-slapping ceremony celebrating the best of British telly over the past year. Dermot O'Leary presents - and he's up for one of the awards, too!	10.15 Shameless Kelly and Steve's new business sparks a police investigation. [R]		10.00 The Great Outdoors
	10.35 Crimewatch Update Update to the earlier programme.	10.30 Newsnight	10.45 Law & Order: Criminal Intent A firefighter's murder leads to trouble for Logan and Wheeler. [R]	10.55 Law & Order: Special Victims Unit A serial killer leaves riddles as clues to his next targets. [R]		10.35 Odd One In With Lorraine Kelly. [R]
	10.45 The National Lottery Wednesday Night Draws John Fugger plucks the balls.	11.20 The League Cup Show [MUST SEE] Highlights of tonight's semi-final second leg contest between Birmingham and the Hammers.	11.35 Police, Camera, Action! Particularly rubbish dishes. [R]	11.05 Music on 4: 4Play: Adele The award-winning singer has a new album, 21.		11.05 Big Fat Gypsy Weddings
	10.55 Film 2011 with Claudio Winklemann Winklemann's replacement reviews Benefit, Tangled and Helvetica.	12.00m't The Planets The hunt for little green men. [R]	12.30am The Zone	12.10am Music on 4: Chase & Status: Live in London		11.20 Regional Programme
	11.35 Silkwood Fact-based drama starring Meryl Streep and Kurt Russell.	12.30am The Zone	12.50 My Family's Crazy Gap Year	11.55 Poker Card-laying shenanigans with the World Open VI in London.		11.20 Alice Sommer Herz at 106: Everything Is a Present Documentary about the pianist.
	12.50-3.55am BBC News			12.55am SuperCasino		11.50 Grimefighters "Ugh, look at what I've just got on my hand!" etc. [R]

1AM	BBB ONE	BBB TWO	ITV 1	4	5	SKY 1
	1.45am Sign Zone: Country Tracks [R] 2.40 Climbing Great Buildings [R] 3.10 Filthy Rotten Scoundrels [R] 3.55-4am BBC News	2.30pm Cry-Wolf: Teen thriller 4.20-5.30am ITV Nightshift	1.50 Animal Madhouse [R] 2.45 Feed: What Goes in Your Basket? [R] 3.40 Great British Brains [R] 4.35 ER [R] 5.25-6.10am Countdown [R]	4.05 Rory and Paddy's Even Greater British Adventure [R] 4.55 Rough Guide to Eco Escapes [R] 5.10 Wildlife SOS [R] 5.15-6.00am House Doctor [R]	4.05-4.55am Antiques Roadshow [R] 2.55 Filthy Rotten Scoundrels [R] 3.40 Filthy Rotten Scoundrels [R] 4.25-6am BBC News	1.00-4.25am BBC News



Human Planet

DOCU BBC1, 8pm

It's very cold in the Arctic Circle, but somehow life, as they say in Jurassic Park, finds a way. This series looks at how nature conquers the bleakest of conditions. ★★★★

Come Fly With Me

COMEDY BBC1, 9pm

Omar's got serious problems when all of FlyLo's ground crew go on strike. Also, thicko Tommy finally gets his interview to be a pilot. Yeah, good luck with that! ★★★★

10 O'Clock Live

COMEDY Channel 4, 10pm

David Mitchell, Jimmy Carr, Charlie Brooker and Lauren Laverne (well, you can't have it all) do a comedy-style current affairs show. Mitchell and Carr are ace! ★★★★

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	6.00am Breakfast 9.15 Wanted Down Under 10.00 Homes Under the Hammer [R] 11.00 Saints and Strangers 11.45 Cash in the Attic [R] 12.15pm Bargain Hunt [R] 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Walkers Link 6.00 BBC News, Weather 6.30 Regional News, Programmes, Weather	6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Ready Steady Cook 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South [R] 1.45 Climbing Great Buildings [R] 2.15 Instant Restaurant [R] 2.30pm Loose Women 1.30 3.05 Help! My House is Falling Down [R] 2.00noon News 3.00pm Tree in a Bed [R] 3.30pm River Cottage Bites [R] 3.40pm McLeabod 3.10 Countdown 3.35 Deal or No Deal 5.00 Come Dine Me 5.30 5.00 Five News at 5, Weather 5.30 Jamie's 30 Minute Meals 6.00 Neighbours [R] 6.00 Home and Away [R] 6.25 Live from Studio Five	5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 2.00noon News 2.30pm Tree in a Bed [R] 3.00pm McLeabod 3.10 Countdown 3.35 Deal or No Deal 4.00 Midweek Murders [R] 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News	5.30am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 CSI: Crime Scene Investigation [R] 12.40pm Five News 12.45 Rory and Paddy's Even Greater British Adventure [R] 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Minutes [R] 3.00pm Gunfight at the OK Corral 3.10 Countdown 3.35 Deal or No Deal 5.00 Come Dine Me 5.30 Jamie's 30 Minute Meals 6.00 The Simpsons [R] 6.30 Holyoaks	7pm The Simpsons Lisa fears she is destined to be stupid. [R]	7.00 The One Show Chat show gaffers.
	7.00 The One Show	7.00 Top Gear	7.00 Emmerdale	7.00 News at 7	7.00 Five News at 7	7.00 Who Does What? Two couples undergo a relationship audit, with 24-hour surveillance footage revealing who does what in each household. So simple, so naive, so we've seen it all before.
	7.30 Rip Off Britain	8.00 Michel Roux's Service	7.55 4thought.tv	7.30 Monkey Life	10.00 Lie to Me	7.30 EastEnders Phil takes a turn for the worse. So have we, Phil, so have we.
	8.00 DIY SOS: The Big Build - Chippingham	9.00 Posh and Posher: Why Public School Boys Rule Britain	8.00 Will My Crash Diet Kill Me?	8.00 Cowboy Builders	11.00 Ross Kemp on Gangs	8.00 Human Planet [MUST SEE] An incredible look at people who live in the freezing Arctic. The crazy boat!
	9.00 Crimewatch	10.00 Have I Got Old News for You	10.00 ITV News, Weather	9.00 NCIS	12.00m't Road Wars	9.00 Come Fly with Me
	10.00 News, Weather	10.35 The Secret Caribbean with Trevor McDonald	10.35 The National Television Awards 2011 [MUST SEE]	10.15 Shameless	A carful of causes chaos in Taunay. [R] [HD]	10.00 The Great Outdoors
	10.35 Crimewatch Update	10.30 Newsnight	10.45 Law & Order: Criminal Intent	10.55 Music on 4: Chase & Status: Live in London	A carful of causes chaos in Taunay. [R] [HD]	10.35 Odd One In With Lorraine Kelly. [R]
	10.45 The National Lottery Wednesday Night Draws	11.20 The League Cup Show [MUST SEE]	11.35 Police, Camera, Action!	11.05 Poker	11.20 Regional Programme	11.20 Alice Sommer Herz at 106: Everything Is a Present
	10.55 Film 2011 with Claudio Winklemann	12.00m't The Planets	12.30am The Zone	12.10am Music on 4: Sign Zone: Stop Stalking Me: Panorama	11.20 Alice Sommer Herz at 106: Everything Is a Present	11.50 Grimefighters
	11.35 Silkwood	12.30am The Zone	12.50 My Family's Crazy Gap Year	12.55am SuperCasino	12.25am Sign Zone: Stop Stalking Me: Panorama	12.10am The Planets

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Nuts PUB AMMO

Enjoy a nice, relaxing pint of trivia!



Whenever a chimpanzee grins it's a sign that it's anxious.

In August 2006, London hosted its first masturbation marathon.

Australia suffered seven per cent of the total number of innings defeats in their history in the recent Ashes series against England.

Penguins cool themselves down by panting in the way a dog does.

After her appearance in *Playboy*, Drew Barrymore was sent a quilt by Steven Spielberg and a note saying "cover yourself up".

Musical instrument shops in the UK have to pay an annual royalty to cover would-be buyers performing recognisable riffs on the shop floor.

The world melon-headbutting record stands at 47 smashed watermelons in under a minute, and is held by Australian John Allwood.

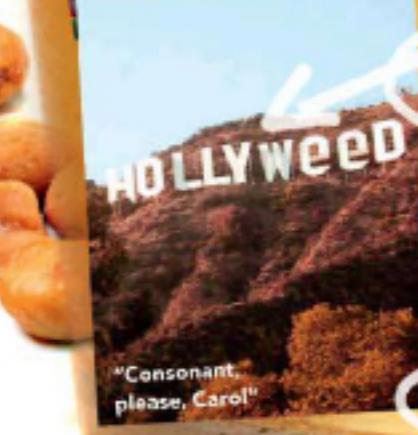
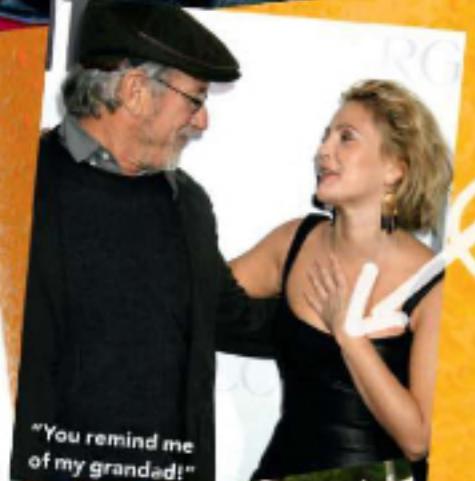
All modern varieties of potato can be traced back 7,000 years to a single species growing in Peru.

In the year 2000, a fan paid \$1,025 (£650) for a piece of French toast half-eaten by Justin Timberlake.

In 1976, vandals celebrated newly relaxed marijuana laws by altering the Hollywood sign so it said "Hollyweed".

There's not a bus route in London that's longer than the course of the London Marathon - the longest is 23.75 miles.

Cameron Diaz suffers from a phobia of doorknobs.



PUB AMMO ON... THE GREEN HORNET



- Seth Rogen lost two stone in order to fill the title role.
- The part of Kato was originally going to be played by Kung Fu Hustle star Stephen Chow. He was also originally intended to direct the film.
- The film's release date changed so that it didn't clash with the similarly-titled Green Lantern.
- Jay Chou, who plays Kato, is one of Asia's most successful pop stars.
- The Green Hornet is on general release in cinemas now.

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